| | Occupant posture | | | |
|---|------------------|---------------------|-----------------------|----------------------|
| Step (in chronological order) | Baseline | Reclined Upright | Reclined Reference | Reclined Slouched |
| HBM rotation Method: HBM model was rotated with the seatback Fixed bones: / | | Х | X | X |
| Adjust the pelvis angle Method: Changing the bone pelvic angle Fixed bones: Head, upper extremities, cervical and thorax vertebrae | | Х | | X |
| Adjust the hip angle Method: Adjusting the hip angle until the thighs contacts the seat pan Fixed bones: Head, upper extremities, spine, pelvis | | X | X | X |
| Adjust the knee angle Method: Adjusting the knee angle to 110° Fixed bones: Head, upper extremities, spine, pelvis, femurs | | X | X | X |
| Adjust the ankle angle Method: Adjusting the foot angle until the feet contact the footrest Fixed bones: Head, upper extremities, spine, pelvis, femurs, tibia | | X | X | X |
| Lower the upper extremities (avoid initial penetration with the airbag) Method: Changing the humerus and then the radius angles Fixed bones: Head, spine, pelvis, and lower extremities | X | X | X | X |
| Model subjected to gravity on the semi-rigid seat | X | X | X | X |