# **Results of the NICE guideline economic analysis**

## Base-case analysis [no beneficial effect beyond treatment endpoint]

| Intervention | Mean per person | NMB £/ person | Mean rank |
| --- | --- | --- | --- |
| QALY | Inter cost £ | Total cost £ |
| TF-CBT individual <8 sessions | 1.81 |  541  |  1,722  |  34,467  |  2.49  |
| Psychoeducation | 1.79 |  109  |  1,506  |  34,214  |  3.54  |
| EMDR | 1.79 |  747  |  2,103  |  33,709  |  3.71  |
| Combined somatic & cognitive therapies | 1.76 |  358  |  1,964  |  33,314  |  4.56  |
| SH with support  | 1.75 |  266  |  2,036  |  32,876  |  5.44  |
| SSRI | 1.71 |  145  |  2,209  |  32,065  |  7.65  |
| SH without support | 1.71 |  98  |  2,241  |  31,873  |  8.18  |
| TF-CBT individual 8-12 sessions  | 1.74 |  1,181  |  2,983  |  31,865  |  9.21  |
| IPT | 1.73 |  810  |  2,747  |  31,805  |  9.66  |
| non-TF-CBT | 1.72 |  706  |  2,676  |  31,800  |  9.13  |
| Present-centred therapy | 1.74 |  1,373  |  3,228  |  31,498  |  10.79  |
| TF-CBT group 8-12 sessions | 1.70 |  362  |  2,592  |  31,334  |  10.91  |
| TF-CBT individual 8-12 sessions + SSRI | 1.72 |  1,326  |  3,348  |  31,022  |  12.49  |
| No treatment | 1.67 |  0  |  2,471  |  30,935  |  12.10  |
| TF-CBT individual >12 sessions | 1.71 |  1,205  |  3,325  |  30,841  |  13.05  |
| Counselling | 1.69 |  785  |  3,038  |  30,838  |  13.09  |
| EMDR: eye movement desensitisation reprocessing; Inter: intervention; NMB: net monetary benefit; Prob: probability; SH: self-help; SSRI: selective serotonin reuptake inhibitor; TF-CBT: trauma-focused cognitive behavioural therapy |

## Secondary analysis [beneficial effect up to 3-months post-treatment]

| Intervention | Mean per person | NMB £/ person | Mean rank |
| --- | --- | --- | --- |
| QALY | Inter cost £ | Total cost £ |
| TF-CBT individual <8 sessions  | 1.808 | 540 | 1,742 | 34,420 | 3.30 |
| Psychoeducation  | 1.788 | 108 | 1,500 | 34,250 | 4.01 |
| Combined somatic & cognitive therapies  | 1.785 | 360 | 1,763 | 33,939 | 4.23 |
| EMDR  | 1.794 | 747 | 2,082 | 33,789 | 4.59 |
| SH with support | 1.769 | 266 | 1,818 | 33,562 | 4.87 |
| SH without support | 1.753 | 98 | 1,783 | 33,270 | 5.69 |
| SSRI | 1.741 | 145 | 1,950 | 32,871 | 6.62 |
| IPT | 1.737 | 811 | 2,670 | 32,078 | 9.67 |
| TF-CBT individual 8-12 sessions | 1.746 | 1,178 | 2,954 | 31,972 | 9.93 |
| non-TF-CBT | 1.727 | 706 | 2,655 | 31,892 | 9.93 |
| TF-CBT individual >12 sessions | 1.732 | 1,204 | 3,097 | 31,549 | 11.39 |
| Present-centred therapy | 1.738 | 1,377 | 3,226 | 31,539 | 11.46 |
| TF-CBT group 8-12 sessions | 1.697 | 362 | 2,599 | 31,338 | 11.65 |
| TF-CBT individual 8-12 sessions + SSRI | 1.719 | 1,323 | 3,347 | 31,042 | 13.01 |
| Counselling | 1.700 | 782 | 2,991 | 31,003 | 13.07 |
| No treatment | 1.671 | 0 | 2,477 | 30,944 | 12.60 |
| EMDR: eye movement desensitisation reprocessing; Inter: intervention; NMB: net monetary benefit; Prob: probability; SH: self-help; SSRI: selective serotonin reuptake inhibitor; TF-CBT: trauma-focused cognitive behavioural therapy |