

# Making Insulin Treatment Safer Participant Information Sheet

Thank you for your interest in this project. Please read this information sheet carefully before deciding if you would like to participate. If you choose not to participate, we thank you for considering our request.

## What is the purpose of the study?

Identify capabilities, opportunities, and motivations supporting safe insulin prescribing in the Northern Ireland Diabetes Education Community.

## Why have I been invited to participate?

Because you are a pharmacist, foundation doctor, registrar/consultant, nurse, or leader who contributes to the system of care in which foundation doctors learn to prescribe insulin safely. We have developed a complementary set of questionnaires, individualised to those 5 professional groups.

## Do I have to take part?

It is completely your choice whether or not to take part. Completing a questionnaire will be taken as consent. If you do not consent, please do not complete one.

## What will happen to me if I take part?

You are asked to choose the number best describing your response to each item in the questionnaire. Please enter a free text response to any or all of the items if you want to say something you would like us to hear. Please do not name individuals or give any confidential information that would allow us to identify them. We are interested in the system, not the individuals who work in it.

## When will this study take place?

As soon as you are ready to complete the questionnaire.

## Where will the study take place?

Wherever you would like to complete it.

#### Will the information I give be confidential?

We do not wish to know the identities of individuals who complete the questionnaires and have not included any fields that could make you identifiable. Completed questionnaires will be stored securely at the University in a locked filing cabinet and/or on password protected computers. In accordance with current ethical guidelines, records will be kept for 5 years after publication.

During the time we keep the information, we may use it to teach other students how to analyse information of the sort you gave us. We may also wish to carry out further analysis of the information you gave, to answer additional research questions which may arise. In either eventuality, we will continue to keep the information entirely confidentially.

#### What happens if I want to complain about this research?

Should you wish to make a complaint, you may do so to the senior researcher, whose name is at the bottom of this consent form. He will arrange to meet you personally and respond to your dissatisfaction.

#### Please note the following points:

- 1. Your participation is entirely voluntary
- 2. You may decline to answer any question or discard the questionnaire at any point.
- 3. Your participation, or non-participation, will not affect your legal rights
- 4. The information collected will be treated securely and confidentially as necessary under the Data Protection Act and stored as required by the University.
- 5. All results, if published, will be treated anonymously
- 6. The results of the study, if published, may include direct quotes from your questionnaire but not your identity.
- 7. The results of MITS will be presented at local, national, and international meetings
- 8. You can contact Professor Tim Dornan, 02890 975773, t.dornan@qub.ac.uk with any concerns during the study







# Please answer all these questions in relation to prescribing insulin

Hospital:	Grade: (and if relevant, speciality):	Sex:	Male Other	Female / Prefer not to say
Have you prescribed insulin	? Yes No			
How often do you do so? Da	ily Several times a week Several times a month	Mon	thly	Less often than monthly
If you do prescribe insulin, p	olease tick the statement that best describe	es you:		
I feel no need to lea	arn to prescribe insulin better			
I would like to learn	to prescribe insulin better			
I am actively learnin	ng to prescribe insulin better			
Please rate your agreement with	the following statements as they apply to insul	lin pres	cribino	Circle a number from

Please rate your agreement with the following statements **as they apply to <u>insulin</u> prescribing**. Circle a number from 0 (completely disagree) to 6 (completely agree). There are several places in the questionnaire where we invite you to add written comments. Whilst that is optional, please rate <u>all</u> the numerical items.

		Your capabil	lity to presc	ribe insulin		
Completely Disagree						Completely Agree
1. I think out p	orescriptions	logically rath	er than by hak	oit	T — — — — — — — — — — — — — — — — — — —	
0	1	2	3	4	5	6
2. I can disting	guish simple	prescribing de	ecisions from	difficult/ambi	guous ones	
0	1	2	3	4	5	6
3. I can judge v	whether my k	nowledge and	skills are suffi	cient for indivi	dual prescrib	oing decisions
0	1	2	3	4	5	6
4. When I reco	ognize what	action needs t	to be taken, I p	orescribe with	out hesitation	on
0	1	2	3	4	5	6
5. I feel safe to	put into pra	actice what I le	earn about pre	escribing		
0	1	2	3	4	5	6
6. I am confid	ent that I am	on the path to	o being a goo	d prescriber		
0	1	2	3	4	5	6
Things that ma	ke me more d	capable to pres	cribe (as define	ed by those six	statements) a	are:
Things that ma	ke me less ca	pable to presci	ribe are:			

Completely Disagree						Completely Agree
7. Tensions w	ith senior (o	r junior) docto	rs affect my ca	apability to pr	escribe well	
0	1	2	3	4	5	6
8. Tensions wi	h other health	n professionals (	eg nurses/ phar	macists) affect	my capability	to prescribe we
0	1	2	3	4	5	6
0 9. Other peop	1 ole's standar	ds of prescribi	ng affect my c	apability to p	rescribe wel	6 l

How other people (as defined by those three statements) influence my capability to prescribe for the better:

How other people influence my capability to prescribe for the worse:

	Your capa	ability to lear	n insulin pi	rescribing 'c	n-the-job'	
Your behav	iour and pre	ferences:				
10. When I a	m unsure wh	at is the right ac	tion, I seek g	juidance		
0	1	2	3	4	5	6
11. I use lear	ning tools to	increase my kno	owledge and	skills		•
0	1	2	3	4	5	6
12. I (would)	like to receiv	e constructively	y critical feed	dback on my p	rescriptions	
0	1	2	3	4	5	6
Your habits						
13. I am in th	ne habit of co	nsulting books/	online resou	rces/guideline	es to help me	prescribe
0	1	2	3	4	5	6
14. I am in th	ne habit of dis	cussing prescri	ptions with c	ther doctors (	seniors or pe	ers)
0	1	2	3	<b>1</b>	5	6

0	1	2	3	4	5	6
I am in t	he habit of invo	lving patients	in prescriptic	ns		

Things that discourage me from learning on-the-job:

Influe	nces on you	ır capability	to learn ins	sulin prescri	bing 'on-the	e-job'
.7. The peop	le where I wo	rk support my	learning to p	rescribe		
0	1	2	3	4	5	6
8. The people	where I work	encourage/supp	ort me to refle	ct critically on t	he quality of my	prescriptio
0	1	2	3	4	5	6
9. The peop	le where I wo	rk give credit	for good pres	cribing		
0	1	2	3	4	5	6
20. The peop	le where I wo	rk give me co	nstructively c	ritical feedbac	k on my presc	ribing
0	1	2	3	4	5	6
21. The peop	le where I wo	rk make a virt	ue out of ackr	nowledging ur	ncertainty and	seeking h
0	1	2	3	4	5	6
22. Practical	ly useful infor	mation about	prescribing/p	rescribing aid	s are available	to me
0	1	2	3	4	5	6
				tements) influe		g for the

		undergradu				
Completely Disagree						Completely Agree
23. My prior	education pr	epared me to p	rescribe duri	ng my foundat	ion posts	
0	1	2	3	4	5	6
24. I expect r	ny foundatio	n education w	ill result in me	e prescribing w	vell	
0	1	2	3	4	5	6

Thank you for completing this questionnaire.