Supporting Information

S2 Questionnaire of naturally occurring (i.e. non-drug) God encounter experiences

From: Griffiths, R.R., Hurwitz, E.S., Davis, A.K., Johnson, M.W., & Jesse, R. Survey of subjective "God encounter experiences": Comparisons among naturally occurring experiences and those occasioned by the classic psychedelics psilocybin, LSD, ayahuasca, or DMT. PLOS One

The questionnaire was presented to participants on a widely used online survey administration website (www.qualtrics.com). The following document, which was downloaded from the Qualtrics website, provides all possible questions and text that could have been presented to a participant. The questionnaire involved presentation logic that skipped some questions and text depending on a given participant's responses. Additionally, in the following document there are instances in which presentation code (e.g. \$\{q://QID149/ChoiceGroup/SelectedChoices\}\) appears which was replaced by the text of a response that the participant made to a previous question.

Demo Info

Welcome

This is a questionnaire study of personal encounters with the Divine that occur in different contexts. This research study is being conducted by scientists at Johns Hopkins University School of Medicine and has been approved by the Johns Hopkins University Institutional Review Board (IRB). The IRB application number for this research study is NA_00054696. Dr. Roland Griffiths, Ph.D. is the Principal Investigator for this research study. Detailed information about the study is provided in the next few pages. If you need further information please contact <code>EncounteringTheDivine@jhu.edu</code>

Our Previous Research

Our research team has previously conducted studies investigating spirituality, religion, mystical experiences, and meditation.

Purpose of This Study

In this survey, we want to characterize various experiences of encounters with something that someone might call: "God" (e.g., the God of your understanding), "Higher Power," "Ultimate Reality," or an Aspect or Emissary of God (e.g., an angel). In this survey, we are **not** interested in experiences induced by psychoactive substances.

Eligibility Criteria

You are invited to participate in this survey if you fulfill all of the criteria listed below.

- 1) You are at least 18 years old.
- 2) You read, write, and speak English fluently.
- 3) You have had an experience of encountering something that someone might call: "God" (e.g., the God of your understanding), "Higher Power," "Ultimate Reality," or an Aspect or Emissary of God (e.g., an angel).

What the Study Entails

Participation in this study involves filling out an online survey that will take approximately **45-60 minutes**. **You will be required to complete the survey in one sitting**.

Why should I participate?

We believe that this study is scientifically important and may be personally worthwhile to you. We would like you to participate because we need to collect responses from many different people in order to better characterize experiences of such encounters. You may find this survey interesting and an uplifting opportunity to revisit and contemplate a precious experience. You may also find it meaningful to further explore some of your philosophical and theological beliefs. However, you may find it to be uncomfortable because it will prompt you to explain some of these deeply held beliefs. There is also a chance that you will be bored. Although there is no monetary compensation for participation, you will be making a unique and important scientific contribution, and you may gain further insights into your experiences.

Is my participation confidential?

Yes. We do not collect identifying information such as your name, email address, or IP address. Your anonymous responses will be seen and analyzed by Johns Hopkins staff or representatives. To further protect the confidentiality of participants, the results of most questions will be presented in aggregate. If you complete the optional open-ended section of the survey, we may quote from your textual responses. However, if you provide specific identifying information, we will edit your responses to protect your confidentiality.

What kind of information will I be providing?

At the beginning of the survey, you will be asked questions about your background, spiritual, and religious beliefs. Most of the survey asks about your experience(s) during an encounter with something that someone might call: "God" (e.g., the God of your understanding), "Higher Power," "Ultimate Reality," or an Aspect or Emissary of God (e.g., an angel). At the end of the survey, there will be an optional open-ended section that could add 10-15 minutes to the total duration. You will not be required to complete the open-ended section.

What will become of the results from this study?

The researchers intend to publish the results from this study in the scientific literature and to present results at scientific meetings. We will also make the results publicly available by posting a notice of any scholarly publications on the website of the Council on Spiritual Practices (www.csp.org).

Your responses will not be used in this study if you do not complete the survey.

Your participation in this study is voluntary. Your completion of this survey or questionnaire will serve as your consent to be in this research study. Even after you begin the survey, you may stop answering the questions at any time. If you stop early, none of your responses will be used.

How do I start?

You can begin the survey by clicking 'Next' at the bottom of this page. This survey will take approximately **45-60** minutes and you will be required to complete the survey in one sitting.

It is important that you complete the survey only once, and that you answer each question honestly and seriously. If you are not ready to complete the survey now, please return to this page at a time that is convenient for you. You can exit the survey at any time by clicking the link in the upper right corner of your screen. If you exit the survey early, your responses will not be used.

During the survey, **please do not press the "back" button on your internet browser** as it may erase your answers or prematurely terminate your session.

By clicking 'Next' below, you affirm that

- · you have read the information above
- · you fulfill the eligibility criteria
- you voluntarily agree to participate
- · you are at least 18 years old

[Technical note: Certain browser plugins or extensions could cause display or functionality problems with the survey. If you run into
any technical difficulties, please try to disable your plugins and reload the browser. For further assistance in the event of such difficulties
please email us at EncounteringTheDivine@jhu.edu]

Click below to begin or exit the survey:	
Begin survey	Exit survey

Have you completed this survey before?

Yes	No O
Are you 18 years or older?	
Yes	No O
Do you read, write, and speak English fluently?	
Yes	No O
Have you ever had an experience of encountering something understanding), "Higher Power," "Ultimate Reality," or an Asp	
Yes	No O
We sincerely appreciate your interest in this survey and your inclusion criteria for this survey are restrictive and you do no future, we hope to initiate another version of this survey with may be interested in participating in such a survey in the future.	t meet all of the criteria needed to participate. In the less restrictive inclusion requirements. We hope that you
With gratitude for your interest,	
The JHU Spirituality Research Team	
Note: none of the responses you've already given will be use	ed in the study.
We are not interested in experiences that were induced by perience that was induced by psychoactive substances?	sychoactive substances. Have you ever had such an
Yes	No O

You have indicated that you had an experience of encountering something that someone might call: "God" (e.g., the God of your understanding), "Higher Power," "Ultimate Reality," or an Aspect or Emissary of God (e.g., an angel) that was occasioned by a psychoactive substance. We would be interested in knowing more about this experience in a separate survey (See Below).

With gratitude for your interest,

The JHU Spirituality Research Team

Note: none of the responses you've already given will be used in the study.

Click here if you want to see the other survey

If you do not want to see the other survey, click the Next button to finish.

What year were you born?
\
What is your sex?
○ Male
○ Female
What is your race?
Caucasian / White
African American / Black
Asian
Native Hawaiian or Pacific Islander
Native American
Mixed Race

Are you Hispanic or Latino? ('Hispanic' or 'Latino' refers to a person of Cuban, Mexican, Puerto Rican, South or Central American, or other Spanish culture or origin, regardless of race)

Yes No In which country do you reside? 0 What is your total annual household income (before taxes)? Ounder \$25,000 \$75,000-\$99,999 \$25,000-\$34,999 \$100,000-\$124,999 \$35,000-\$49,999 \$125,000-\$150,000 \$50,000-\$74,999 Over \$150,000 What is your level of education? No High School diploma Associate's degree High school Diploma or equivalent (GED) Bachelor's Degree Some college credit, no degree Master's Degree Advanced professional or Doctoral Degree (e.g., Ph.D., M.D., Trade, Technical, Vocational training after high school etc.) What is your marital or partnership status? Married Living with partner Divorced or separated Widowed Never married

Have you ever been diagnosed by a medical professional as having a psychotic disorder (e.g. schizophrenia or

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another psychiatric disorder characterized by delusions or hallucinations)?				
•	Yes		No	
	0		0	
Which of the following would	l best characterize your <u>curre</u>	nt religious orientation?		
Agnostic	Falun Gong	Native American	Secular Humanist	
Atheist	Hindu	Nature-based	Shinto	
○Baha'i	Olslam	Pagan	Taosim	
Buddhist	Jainism	Pantheist (belief in the divi	Unitarian Universalist	
Christian	Jewish	Scientology	Zoroastrian	
Earth-based	Nation of Islam	Secular (no religious or spiritual orientation)	Other	
Please describe briefly (50 c	characters or less):			
Please specify:				
Catholic	Methodist	Ca	lvanist	
Eastern Orthodox	Quaker	Ad	ventist	
Episcopalian	Pentecostal	Co	ngregationalist	
Baptist	Nondenomenation	al OMo	ormon	
OLutheran	Anglican	Ott	ner	
Presbyterian				

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Please specify:	
Sunni	
◯ Shi'ah	
◯ Khawarij	
Sufi	
Other	
Please specify:	
Orthodox	
Conservative	
Reform	
Reconstructionist	
Other	
To what extent do you consider yourself a religious person? Very religious Moderately religious Slightly religious Not religious at all	
To what extent do you consider yourself a spiritual person?	
O Very spiritual	
Moderately spiritual	
◯ Slightly spiritual	
Not spiritual at all	
	sing of the
Choose one statement that best defines your religiousness and spirituality, as you interpret the mear terms:	ling of these

РМ

	I am spiritua	al and religious al but not religious us but not spiritual						
	O I am neither	spiritual nor relig	ious					
	About how ofte	en do you spen	d time on relig	ious or spiritual	practices?			
	Several times per day	Once per day	Several times per week	Once per week	Several times per month	Once per month	Several times per year	Once a year or less
Go	od							
						ng something tha or an Aspect or		
	experiences, p the following q choices may no	lease answer to uestions accord ot exactly matco u will have an co	he following widing to your feeth had been described in the following to the following with the following to your feether with the following with th	ith respect to the elings and thoug nce, so please s	single mos ghts about tha select the bes	perience. If you to the memorable experience. We to find the provided experiences or the provided experiences or the memorable experiences.	operience . Ple e understand d responses. A	that response
	Which of the fo	ollowing best de	escribes what y	ou encountered	1?			
	that this may	not be the BE	ST descriptor		ncountered.	ns throughout thi However, we n		
		e God of your tanding)	Highe (r Power	Ultimat	te Reality		Emissary of God n angel)
	Please describ	e briefly what y	ou encountere	ed (1000 charac	ters or less):			

What was the context imr	mediately before this en	acounter?			
Religious prayer	Religious service	Meditation	Near death experi	ience Other	
Please explain briefly the	context in which the en	ncounter occurred (400	characters or les	ss):	
Which of the following be	st describes the context	t:			d
Secular (no religious or spiritual orientation)	Hindu	Native Ame	rican	Shinto	
◯Baha'i	Olslam	○Nature-base	ed	Taoism	
Buddhist	Jainism	Pagan		OUnitarian Universalist	
Christian	Jewish	Pantheist (both the unive	pelief in the divinity rse)	Zoroastrian	
Earth-Based Falun Gong	Nation of Islam	Scientology		Other	
Please describe briefly th	e context in which the e	encounter occurred (40	0 characters or le	ess):	

				lo
Approximately how old w	ere you when you ha	nd this experience?		
Did you go into this experidentified \${q://QID149/Ci		ion of trying to encounter th Choices}?	ne previously No	
Have you ever encounter Yes	red the previously ide	entified \${q://QID149/Choice No		ces} before? do not know
which they experience at \${q://QID149/ChoiceGround	solutely no differenti up/SelectedChoices}.	ess or awakening to \${q://0 ation between themselves Thinking about the most s D149/ChoiceGroup/Selecte Moderately different	and alient portion of the e	ncounter, rate the
O	O	O		
With what senses did you	interact with the pre	eviously identified \${a://QID	149/ChoiceGroup/Se	ectedChoices}?

[Check all that apply]

		Bodily			
Visual	Aural (Auditory)	Sensation/Tactile (Sense of touch)	Gustatory (Taste)	Olfactory (Smell)	Extrasensory
How was the encou	nter with the previo	ously identified \${q://	/QID149/ChoiceGrou	p/SelectedCho	pices} initiated?
The previously ide	entified \${q://QID149/0	ChoiceGroup/SelectedC	Choices} initiated the enc	ounter	
I initiated the enco	ounter				
Other					
			., a one-way or two-v up/SelectedChoices}		of information) between
	Yes			No	
	\circ			0	
How did you or the apply]	previously identifie	d \${q://QID149/Cho	iceGroup/SelectedCh	noices} commu	inicate? [Check all that
Verbal-Audito	ry Visu	ıal (e.g., Gestures)	Somatic (e.g., Touch/k	(inesthetic)	Extrasensory-Telepathy
•		(e.g., a one-way or t	wo-way exchange of	information)?	
Question and Ans					
	y exchange of informa				
	vay exchange of comi iceGroup/SelectedCh	munication) from the proces to you	eviously identified		
	vay exchange of comi iceGroup/SelectedCh		the previously identified		
Other					

responses)?	e to your encounter with the previously o/SelectedChoices} (this could include expre	essed or unexpressed emotional
Yes	No	I do not know
0	0	0
Did the previously identified \${q://Qliencounter with you?	D149/ChoiceGroup/SelectedChoices} have	an emotional response to its
Yes	No	I do not know
0	\circ	\circ
perceived the previously identified \$	fied \${q://QID149/ChoiceGroup/SelectedCh {q://QID149/ChoiceGroup/SelectedChoices	oices}? For example, if you visually } have you ever seen or imagined
images similar to its appearance? O identified \${q://QID149/ChoiceGroupheard?	r, if you heard the previously b/SelectedChoices} have you ever heard or	imaged noises similar to those you
Completely Familiar		Completely Novel
i diffinal		
T GITTING!		
Did you ascertain a message, task, identified \${q://QID149/ChoiceGroup	mission, or insight from your encounter with	
Did you ascertain a message, task,	o/SelectedChoices} (this could have been di	
Did you ascertain a message, task, identified \${q://QID149/ChoiceGroup	o/SelectedChoices} (this could have been di	
Did you ascertain a message, task, identified \${q://QID149/ChoiceGroup through your understanding of its na	o/SelectedChoices} (this could have been di	irectly imparted to you or attained

Did you acquire any predictions about the future through your en identified \${q://QID149/ChoiceGroup/SelectedChoices}?	counter with the previously
Yes	No
\circ	0
Thinking back on the encounter, where do you think the previous identified \${q://QID149/ChoiceGroup/SelectedChoices} existed?	ly
In this dimension or reality	
In some other dimension or reality	
Both in this dimension or reality and some other dimension or reality	
O I do not know	
Please explain briefly (200 characters or less):	
Did the previously identified \${q://QID149/ChoiceGroup/Selected	Choices} continue to exist after your encounter?
○ Yes	
○ No	
I do not know	

Did the previously identified \${q://QID149 affect outcomes, events, or material object		e agency in the world (e.g. could it
Yes	No	I do not know
0	0	0
Rate the degree to which the previously i world:	dentified \${q://QID149/ChoiceGroup/S	SelectedChoices} had agency in the
No Agency		Complete Agency
Did you regard the previously identified \$ Yes	i{q://QID149/ChoiceGroup/SelectedCh No O	noices} to any extent as sacred? I do not know
Rate the degree to which you regard the sacred:	previously identified \${q://QID149/Cho	oiceGroup/SelectedChoices} as
Not at all Sacred		Completely Sacred
Was the previously identified \${q://QID14		
Yes	No	I do not know

0	0	0
Rate the degree to which the	previously identified \${q://QID149/Choice	Group/SelectedChoices} was intelligent:
	at all lligent	Highly Intelligent
Was the previously identified Yes	\${q://QID149/ChoiceGroup/SelectedChoiceGroup/S	ces} all-knowing?
0	0	0
Was the previously identified compassionate, altruistic)?	\${q://QID149/ChoiceGroup/SelectedChoiceGroup/S	ces} to any extent benevolent (i.e., kind,
Yes	No O	I do not know
Rate the degree to which the kind, compassionate, altruist		Group/SelectedChoices} was benevolent (i.e.,
	at all evolent	Completely Benevolent

Was the previously identified \${q://QID149/ChoiceGroup/SelectedChoices} to any extent malicious (i.e., unkind, cruel, vengeful)?

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I do not know Yes No Rate the degree to which the previously identified \${q://QID149/ChoiceGroup/SelectedChoices} was malicious (i.e., unkind, cruel, vengeful): Not at all Completely Malicious Malicious Was the previously identified \${q://QID149/ChoiceGroup/SelectedChoices} eternal? I do not know Yes No Was the previously identified \${q://QID149/ChoiceGroup/SelectedChoices} to any extent conscious (i.e., self aware)? Yes No I do not know Rate the degree to which the previously identified \${q://QID149/ChoiceGroup/SelectedChoices} was conscious (i.e., self aware): Not at all Completely Conscious Conscious

Was the previously identified \${q://QID149/ChoiceGroup/SelectedChoices} to any extent negatively judgmental (e.g. inclined toward strong disapproval or harsh punishment)?

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Yes	No O	I do not know
ate the degree to which the previously ide	entified \${q://QID149/ChoiceGroup	o/SelectedChoices} was negatively
		Hadali
Not at all Negatively Judgmental		Highly Negative Judgmer
		1
		o any extent positively judgmental (e.g.
		o any extent positively judgmental (e.g. I do not know
lined toward strong approval or reward)?	?	
elined toward strong approval or reward)? Yes O ate the degree to which the previously ide	No O	I do not know
Yes O ate the degree to which the previously ide	No O entified \${q://QID149/ChoiceGroup	I do not know O O/SelectedChoices} was positively
Yes O ate the degree to which the previously ided	No O entified \${q://QID149/ChoiceGroup	I do not know O/SelectedChoices} was positively estion without contradiction] Highly Positive
Yes O ate the degree to which the previously idedgmental: ote: It is possible to endorse both the Not at all Positively	No O entified \${q://QID149/ChoiceGroup	I do not know O O/SelectedChoices} was positively
ate the degree to which the previously ide dgmental: Note: It is possible to endorse both the Not at all Positively	No O entified \${q://QID149/ChoiceGroup	I do not know O/SelectedChoices} was positively estion without contradiction] Highly Positive

Yes	No	I do not knov
0	0	0

Rate the degree to which the	previously identified \${q://QID149/ChoiceGroup/Select	edChoices} was petition-able:
	at all on-able	Highly Petition-abl
How clear or vivid are your m	emories of the experience?	
Completel Incompr	y vague or ehensible	Completely Vivid
Realism		
imagery that occurs before sl	tes of consciousness, the experiences can feel real on eep onset that you know is not real). However sometim in this world or another world that is similar in vividnes	nes the experiences have a vivid
completely to the right) how r	y waking consciousness, please rate from 0 (slider all teal the encounter with the previously identified electedChoices) seemed to you.	the way to the left) to 100 (slider
Not	at all	Completely
Superficial dream-like level of reality		
Reality similar to everyday normal consciousness		

More real than everyday normal reality	

MEQ

Looking back on the entirety of your encounter, please rate the degree to which at any time during that encounter you experienced the following phenomena. Answer each question according to your feelings, thoughts, and experiences at the time of the encounter. In making each of your ratings, use the following scale:

- 0 none; not at all
- 1 so slight cannot decide
- 2 slight
- 3 moderate
- 4 strong (equivalent in degree to any other strong experience)
- 5 extreme (more than any other time in my life and stronger than 4)

1.	Loss	OT	your	usuai	sense	OT	time.

O - none; not at all
1 - so slight cannot decide
2 - slight
3 - moderate
 4 - strong (equivalent in degree to any previous strong experience or expectation of this description)
5 - extreme (more than ever before in my life and stonger than 4)

2. Experience of amazement.

\bigcirc	0 -	none; not at all
0	1 -	so slight cannot decide
0	2 -	slight
0	3 -	moderate
\bigcirc	1	strong (oguivalent in doc

- 4 strong (equivalent in degree to any previous strong experience or expectation of this description)
- 5 extreme (more than ever before in my life and stonger than 4)

3. Sense that the experience cannot be described adequately in words.
O - none; not at all
1 - so slight cannot decide
2 - slight
3 - moderate
 4 - strong (equivalent in degree to any previous strong experience or expectation of this description)
5 - extreme (more than ever before in my life and stonger than 4)
4. Gain of insightful knowledge experienced at an intuitive level.
O - none; not at all
1 - so slight cannot decide
2 - slight
3 - moderate
 4 - strong (equivalent in degree to any previous strong experience or expectation of this description)
5 - extreme (more than ever before in my life and stonger than 4)
5. Feeling that you experienced eternity or infinity. 0 - none; not at all
1 - so slight cannot decide
2 - slight
3 - moderate
 4 - strong (equivalent in degree to any previous strong experience or expectation of this description)
5 - extreme (more than ever before in my life and stonger than 4)
6. Experience of oneness or unity with objects and/or persons perceived in your surroundings.
0 - none; not at all
1 - so slight cannot decide
O 2 - slight
3 - moderate

4 - strong (equivalent in degree to any previous strong experience or expectation of this description) 5 - extreme (more than ever before in my life and stonger than 4)
7. Loss of your usual sense of space.
0 - none; not at all
1 - so slight cannot decide
2 - slight
3 - moderate
 4 - strong (equivalent in degree to any previous strong experience or expectation of this description)
5 - extreme (more than ever before in my life and stonger than 4)
8. Feelings of tenderness and gentleness.
0 - none; not at all
1 - so slight cannot decide
2 - slight
3 - moderate
4 - strong (equivalent in degree to any previous strong experience or expectation of this description)
5 - extreme (more than ever before in my life and stonger than 4)
9. Certainty of encounter with ultimate reality (in the sense of being able to "know" and "see" what is really <i>real</i>) at some time during your experience.
0 - none; not at all
1 - so slight cannot decide
O 2 - slight
3 - moderate
 4 - strong (equivalent in degree to any previous strong experience or expectation of this description)
5 - extreme (more than ever before in my life and stonger than 4)

10. Feeling that you could not do justice to your experience by describing it in words.

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0 - none; not at all
1 - so slight cannot decide
2 - slight
3 - moderate
4 - strong (equivalent in degree to any previous strong experience or expectation of this description)
5 - extreme (more than ever before in my life and stonger than 4)
11. Loss of usual awareness of where you were.
0 - none; not at all
1 - so slight cannot decide
2 - slight
3 - moderate
 4 - strong (equivalent in degree to any previous strong experience or expectation of this description)
5 - extreme (more than ever before in my life and stonger than 4)
12. Feelings of peace and tranquility.
12. Feelings of peace and tranquility.
O - none; not at all
O - none; not at all 1 - so slight cannot decide
0 - none; not at all1 - so slight cannot decide2 - slight
 0 - none; not at all 1 - so slight cannot decide 2 - slight 3 - moderate
 0 - none; not at all 1 - so slight cannot decide 2 - slight 3 - moderate 4 - strong (equivalent in degree to any previous strong experience or expectation of this description)
 0 - none; not at all 1 - so slight cannot decide 2 - slight 3 - moderate 4 - strong (equivalent in degree to any previous strong experience or expectation of this description)
 0 - none; not at all 1 - so slight cannot decide 2 - slight 3 - moderate 4 - strong (equivalent in degree to any previous strong experience or expectation of this description)
 0 - none; not at all 1 - so slight cannot decide 2 - slight 3 - moderate 4 - strong (equivalent in degree to any previous strong experience or expectation of this description) 5 - extreme (more than ever before in my life and stonger than 4)
 0 - none; not at all 1 - so slight cannot decide 2 - slight 3 - moderate 4 - strong (equivalent in degree to any previous strong experience or expectation of this description) 5 - extreme (more than ever before in my life and stonger than 4) 13. Sense of being "outside of" time, beyond past and future.
 0 - none; not at all 1 - so slight cannot decide 2 - slight 3 - moderate 4 - strong (equivalent in degree to any previous strong experience or expectation of this description) 5 - extreme (more than ever before in my life and stonger than 4) 13. Sense of being "outside of" time, beyond past and future. 0 - none; not at all
 0 - none; not at all 1 - so slight cannot decide 2 - slight 3 - moderate 4 - strong (equivalent in degree to any previous strong experience or expectation of this description) 5 - extreme (more than ever before in my life and stonger than 4) 13. Sense of being "outside of" time, beyond past and future. 0 - none; not at all 1 - so slight cannot decide

5 - extreme (more than ever before in my life and stonger than 4)

14. Freedom from the limitations of your personal self and feeling a unity or bond with what was felt to be greater than your personal self.
0 - none; not at all
1 - so slight cannot decide
2 - slight
3 - moderate
4 - strong (equivalent in degree to any previous strong experience or expectation of this description)
5 - extreme (more than ever before in my life and stonger than 4)
15. Sense of being at a spiritual height.
0 - none; not at all
1 - so slight cannot decide
2 - slight
3 - moderate
 4 - strong (equivalent in degree to any previous strong experience or expectation of this description)
5 - extreme (more than ever before in my life and stonger than 4)
16. Experience of pure Being and pure awareness (beyond the world of sense impressions).
0 - none; not at all
1 - so slight cannot decide
2 - slight
3 - moderate
4 - strong (equivalent in degree to any previous strong experience or expectation of this description)
5 - extreme (more than ever before in my life and stonger than 4)
17. Experience of ecstasy.
0 - none; not at all

1 - so slight cannot decide
2 - slight
3 - moderate
4 - strong (equivalent in degree to any previous strong experience or expectation of this description)
5 - extreme (more than ever before in my life and stonger than 4)
18. Experience of the insight that "all is One."
0 - none; not at all
1 - so slight cannot decide
2 - slight
3 - moderate
4 - strong (equivalent in degree to any previous strong experience or expectation of this description)
5 - extreme (more than ever before in my life and stonger than 4)
40. Daing in a gaalge with no anace beyondering
19. Being in a realm with no space boundaries.
0 - none; not at all
19. Being in a realm with no space boundaries. 0 - none; not at all 1 - so slight cannot decide
0 - none; not at all
0 - none; not at all 1 - so slight cannot decide
0 - none; not at all1 - so slight cannot decide2 - slight
0 - none; not at all 1 - so slight cannot decide 2 - slight 3 - moderate
 0 - none; not at all 1 - so slight cannot decide 2 - slight 3 - moderate 4 - strong (equivalent in degree to any previous strong experience or expectation of this description)
 0 - none; not at all 1 - so slight cannot decide 2 - slight 3 - moderate 4 - strong (equivalent in degree to any previous strong experience or expectation of this description)
 0 - none; not at all 1 - so slight cannot decide 2 - slight 3 - moderate 4 - strong (equivalent in degree to any previous strong experience or expectation of this description)
 0 - none; not at all 1 - so slight cannot decide 2 - slight 3 - moderate 4 - strong (equivalent in degree to any previous strong experience or expectation of this description) 5 - extreme (more than ever before in my life and stonger than 4)
 0 - none; not at all 1 - so slight cannot decide 2 - slight 3 - moderate 4 - strong (equivalent in degree to any previous strong experience or expectation of this description) 5 - extreme (more than ever before in my life and stonger than 4) 20. Experience of oneness in relation to an "inner world" within.
 0 - none; not at all 1 - so slight cannot decide 2 - slight 3 - moderate 4 - strong (equivalent in degree to any previous strong experience or expectation of this description) 5 - extreme (more than ever before in my life and stonger than 4) 20. Experience of oneness in relation to an "inner world" within. 0 - none; not at all
 0 - none; not at all 1 - so slight cannot decide 2 - slight 3 - moderate 4 - strong (equivalent in degree to any previous strong experience or expectation of this description) 5 - extreme (more than ever before in my life and stonger than 4) 20. Experience of oneness in relation to an "inner world" within. 0 - none; not at all 1 - so slight cannot decide
 0 - none; not at all 1 - so slight cannot decide 2 - slight 3 - moderate 4 - strong (equivalent in degree to any previous strong experience or expectation of this description) 5 - extreme (more than ever before in my life and stonger than 4) 20. Experience of oneness in relation to an "inner world" within. 0 - none; not at all 1 - so slight cannot decide 2 - slight
 0 - none; not at all 1 - so slight cannot decide 2 - slight 3 - moderate 4 - strong (equivalent in degree to any previous strong experience or expectation of this description) 5 - extreme (more than ever before in my life and stonger than 4) 20. Experience of oneness in relation to an "inner world" within. 0 - none; not at all 1 - so slight cannot decide 2 - slight 3 - moderate

21. Sense of reverence.	
0 - none; not at all	
1 - so slight cannot decide	
2 - slight	
3 - moderate	
 4 - strong (equivalent in degree to any previous strong experience or expectation of this description) 	
5 - extreme (more than ever before in my life and stonger than 4)	
22. Experience of timelessness.	
0 - none; not at all	
1 - so slight cannot decide	
2 - slight	
3 - moderate	
 4 - strong (equivalent in degree to any previous strong experience or expectation of this description) 	
5 - extreme (more than ever before in my life and stonger than 4)	
23. You are convinced now, as you look back on your experience, that in it you encountered ultimate reality (i.e. that you "knew" and "saw" what was really <i>real).</i>	,
O - none; not at all	
1 - so slight cannot decide	
2 - slight	
3 - moderate	
 4 - strong (equivalent in degree to any previous strong experience or expectation of this description) 	
5 - extreme (more than ever before in my life and stonger than 4)	
24. Feeling that you experienced something profoundly sacred and holy.	
0 - none; not at all	
1 - so slight cannot decide	
2 - slight	

Qualtrics Survey Software 3 - moderate 4 - strong (equivalent in degree to any previous strong experience or expectation of this description) 5 - extreme (more than ever before in my life and stonger than 4) MEQ - 30 ITEMS 25. Awareness of the life or living presence in all things. 0 - none; not at all 1 - so slight cannot decide 2 - slight 3 - moderate 4 - strong (equivalent in degree to any previous strong experience or expectation of this description) 5 - extreme (more than ever before in my life and stonger than 4) 26. Experience of the fusion of your personal self into a larger whole. 0 - none; not at all 1 - so slight cannot decide 2 - slight 3 - moderate 4 - strong (equivalent in degree to any previous strong experience or expectation of this description) 5 - extreme (more than ever before in my life and stonger than 4) 27. Sense of awe or awesomeness. 0 - none; not at all 1 - so slight cannot decide 2 - slight 3 - moderate 4 - strong (equivalent in degree to any previous strong experience or expectation of this description)

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5 - extreme (more than ever before in my life and stonger than 4)	
28. Experience of unity with ultimate reality.	
0 - none; not at all	
1 - so slight cannot decide	
2 - slight	
3 - moderate	
 4 - strong (equivalent in degree to any previous strong experience or expectation of this description) 	
5 - extreme (more than ever before in my life and stonger than 4)	
29. Feeling that it would be difficult to communicate your own experience to others who have no experiences.	t had similar
0 - none; not at all	
1 - so slight cannot decide	
O 2 - slight	
3 - moderate	
 4 - strong (equivalent in degree to any previous strong experience or expectation of this description) 	
5 - extreme (more than ever before in my life and stonger than 4)	
30. Feelings of joy.	
0 - none; not at all	
1 - so slight cannot decide	
2 - slight	
3 - moderate	
 4 - strong (equivalent in degree to any previous strong experience or expectation of this description) 	
5 - extreme (more than ever before in my life and stonger than 4)	
Theology Background	

Th

Thank you for completing the previous section of the study answering questions about your encounter. In the following

questions we will ask if there have been any persisting and long term changes that you consider due to your experience and your contemplation of that experience. Additionally, we will assess how personally impactful you feel these experiences were.

Which of the following would encounter with the \${q://QIE		ır religious orientation <i>immed</i> Choices} previously identified	
Agnostic	Falun Gong	Native American	Secular Humanist
Atheist	Hindu	Nature-based	Shinto
OBaha'i	Olslam	Pagan	Taosim
Buddhist	Jainism	Pantheist (belief in the divinit of the universe)	y Ounitarian Universalist
Christian	Jewish	Scientology	Zoroastrian
Earth-based	Nation of Islam	Secular (no religious or spiritual orientation)	Other
Please describe briefly (200	characters or less):		
Please specify:			
Catholic	Methodist	Calva	nist
Eastern Orthodox	Quaker	Adve	ntist
Episcopalian	Pentecostal	Cong	regationalist
Baptist	Nondenomenation	al OMorm	non
Lutheran	Anglican	Other	
Presbyterian			

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Please specify:
Sunni
Shi'ah
Khawarij

O Shi'ah			
◯ Khawarij			
Sufi			
Other			
Please specify:			
Orthodox			
Conservative			
Reform			
Reconstructionist			
Other			
	n change in response to your eup/SelectedChoices} previous		ations of the encounter with
,	Yes		No
	0		0
Which of the following would best characterize your religious orientation <i>after your encounter</i> with the \${q://QID149/ChoiceGroup/SelectedChoices} previously identified?			
Agnostic	Falun Gong	Native American	Secular Humanist
Atheist	Hindu	Nature-based	Shinto
Baha'i	Olslam	Pagan	Taosim
Buddhist	Jainism	Pantheist (belief in the divinity of the universe)	Ounitarian Universalist
Christian	Jewish	Scientology	Zoroastrian
Earth-based	Nation of Islam	Secular (no religious or spiritual orientation)	Other

Please describe briefly (200	characters or less):	
		Į,
Please specify:		
Catholic	Methodist	Calvanist
Eastern Orthodox	Quaker	Adventist
Episcopalian	Pentecostal	Congregationalist
Baptist	Nondenomenational	Mormon
Lutheran	Anglican	Other
Presbyterian		
Please specify:		
Sunni		
O Shi'ah		
Khawarij		
Sufi		
Other		
Please specify:		
Orthodox		
Conservative		
Reform		
Reconstructionist		
Other		

How would you best describe this change in religious orientation	1?
+3. Strong positive change that I consider desirable	
+2. Moderate positive change that I consider desirable	
+1. Slight positive change that I consider desirable	
0. No change	
-1. Slight negative change that I consider detrimental	
-2. Moderate negative change that I consider detrimental	
-3. Strong negative change that I consider detrimental	
Do you believe that the experience and your contemplation of the changes in your personal contemplative, prayer, or meditation	
	on practices:
+3. Increased strongly	
+2. Increased moderately	
+1. Increased slightly	
0. No change	
-1. Decreased slightly	
-2. Decreased moderately	
-3. Decreased strongly	
Do you consider that change in your personal contemplative,	prayer, or meditation practices to be:
Desirable	Undesirable
0	0
Do you believe that the experience and your contemplation of the changes in your appreciation or understanding of religious of the changes in your appreciation or understanding of religious of the changes in your appreciation or understanding of religious of the changes in your appreciation or understanding of religious of the changes in your appreciation or understanding of the changes in your contemplation of the changes in your appreciation or understanding o	
+3. Increased strongly	
+2. Increased moderately	
+1. Increased slightly	
0	

0. No change	
-1. Decreased slightly	
-2. Decreased moderately	
-3. Decreased strongly	
Do you consider that change in your appreciation or unders your own to be:	standing of religious or spiritual traditions other than
Desirable	Undesirable
\circ	\circ
Did the experience change your attitudes about death?	
+3. Strong positive change that I consider desirable	
+2. Moderate positive change that I consider desirable	
+1. Slight positive change that I consider desirable	
0. No change	
-1. Slight negative change that I consider detrimental	
-2. Moderate negative change that I consider detrimental	
-3. Strong negative change that I consider detrimental	
Did the experience change your curiosity or interest in death	?
+3. Strong positive change that I consider desirable	
+2. Moderate positive change that I consider desirable	
+1. Slight positive change that I consider desirable	
0. No change	
-1. Slight negative change that I consider detrimental	
-2. Moderate negative change that I consider detrimental	
-3. Strong negative change that I consider detrimental	
Did the experience change your positive attitudes about your	r own death?

+3. Strong positive change that I consider of the transfer of	der desirable desirable detrimental der detrimental		
Did the experience change your fear of d	eath?		
Decrease	No Change	Increase	
Thinking back on the experience and your c	ontemplation of that experience, please ar	nswer the following questions:	
How personally meaningful was your ex	perience and your contemplation of that ex	xperience?	
1. No more than routine, everyday experies	nces		
2. Similar to meaningful experiences that of	occur on average once or more a week		
3. Similar to meaningful experiences that occur on average once a month			
4. Similar to meaningful experiences that of	occur on average once a year		
5. Similar to meaningful experiences that occur on average once every 5 years			
6. Among the 10 most meaningful experiences of my life			
7. Among the 5 most meaningful experiences of my life			
8. The single most meaningful experience	of my life		
How spiritually significant was your expe	erience and your contemplation of that exp	perience?	
1. No more than routine, everyday experies	nces		
2. Similar to spiritually significant experience	ces that occur on average once or more a wee	ek	
3. Similar to spiritually significant experience	ces that occur on average once a month		
4. Similar to spiritually significant experience	ces that occur on average once a year		

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5. Similar to spiritually significant experiences that occur on aver	rage once every 5 years
6. Among the 10 most spiritually significant experiences of my life	ie
7. Among the 5 most spiritually significant experiences of my life	
8. The single most spiritually significant experience of my life	
How psychologically challenging was the most psychologically	gically challenging portions of the experience?
1. No more than routine, everyday experiences	
 2. Similar to difficult or challenging experiences that occur on av 	erage once or more a week
 3. Similar to difficult or challenging experiences that occur on av 	erage once a month
 4. Similar to difficult or challenging experiences that occur on av 	erage once a year
5. Similar to difficult or challenging experiences that occur on av	erage once every 5 years
6. Among the 10 most difficult or challenging experiences of my	life
7. Among the 5 most difficult or challenging experiences of my li	fe
8. The single most difficult or challenging experience of my life	
How personally psychologically insightful to you was the [Note: Some people report experiences of significant person their experiences. Personal psychological insight refers to repatterns, or emotions. Personal psychological insight can or although spiritual mystical insight can sometimes prompt personal psychological insight can be although spiritual mystical insight can sometimes prompt personal psychological insight can be although spiritual mystical insight can sometimes prompt personal psychological insight can be although spiritual mystical insight can sometimes prompt personal psychological insight can be although spiritual mystical insight can sometimes prompt personal psychological insight can be although spiritual mystical mystica	nal psychological insight based on their contemplation of ealizations about personality, relationships, behavioral ccur in complete absence of a spiritual/mystical insight,
1. No more than routine, everyday psychologically insightful exp	eriences
Similar to psychologically insightful experiences that occur on	
3. Similar to psychologically insightful experiences that occur on	average once a month
4. Similar to psychologically insightful experiences that occur on	average once a year
5. Similar to psychologically insightful experiences that occur on	average once every 5 years
6. Among the 10 most psychologically insightful experiences of it	ny life
7. Among the 5 most psychologically insightful experiences of m	y life
8. The single most psychologically insightful experiences of my l	ife
Did the experience occur while you were alone or in the pre	esence of others?
I was alone	I was in the presence of others

0	0
Around how many people were you in the presence of?	
Did you feel any social support during the experience? Yes	No
0	0
How important do you think social support was to the exper	rience?
O - not at all	
1 - so slight, cannot decide	
2 - slight	
3 - moderate	
4 - strong	
5 - extreme	
Do you believe that the experience and your contemplation changes in your current sense of personal well-being or li	
+3. Strong positive change that I consider desirable	
+2. Moderate positive change that I consider desirable	
+1. Slight positive change that I consider desirable	
0. No change	
-1. Slight negative change that I consider undesirable	
-2. Moderate negative change that I consider undesirable	
-3 Strong negative change that I consider undesirable	

Do you believe that the experience and your contemplation of that experience has led to longterm and persisting changes in the sense of your life's purpose ?
+3. Strong positive change that I consider desirable
-2. Moderate positive change that I consider desirable
+1. Slight positive change that I consider desirable
O. No change
-1. Slight negative change that I consider undesirable
-2. Moderate negative change that I consider undesirable
-3 Strong negative change that I consider undesirable
Do you believe that the experience and your contemplation of that experience has led to longterm and persisting changes in the sense of your life's meaning ?
+3. Strong positive change that I consider desirable
+2. Moderate positive change that I consider desirable
+1. Slight positive change that I consider desirable
O. No change
 -1. Slight negative change that I consider undesirable
-2. Moderate negative change that I consider undesirable
-3 Strong negative change that I consider undesirable
Do you believe that the experience and your contemplation of that experience has led to longterm and persisting changes in your social relationships as a whole (e.g., relationships with family members, friends, neighbors, coworkers, strangers, etc.)?
+3. Strong positive change that I consider desirable
+2. Moderate positive change that I consider desirable
+1. Slight positive change that I consider desirable
O. No change
-1. Slight negative change that I consider undesirable
-2. Moderate negative change that I consider undesirable
-3 Strong negative change that I consider undesirable

Do you believe that the experience and your contemplation of that experience has led to longterm and persisting changes in your spiritual awareness in everyday life ?
+3. Strong positive change that I consider desirable
+2. Moderate positive change that I consider desirable
+1. Slight positive change that I consider desirable
O. No change
-1. Slight negative change that I consider undesirable
-2. Moderate negative change that I consider undesirable
-3 Strong negative change that I consider undesirable
Do you believe that the experience and your contemplation of that experience has led to longterm and persisting changes in your attitudes about life ?
+3. Strong positive change that I consider desirable
+2. Moderate positive change that I consider desirable
+1. Slight positive change that I consider desirable
0. No change
1. Slight negative change that I consider undesirable
 -2. Moderate negative change that I consider undesirable
3 Strong negative change that I consider undesirable
Do you believe that the experience and your contemplation of that experience has led to longterm and persisting changes in your attitudes about self?
+3. Strong positive change that I consider desirable
+2. Moderate positive change that I consider desirable
+1. Slight positive change that I consider desirable
0. No change
-1. Slight negative change that I consider undesirable
-2. Moderate negative change that I consider undesirable
-3 Strong negative change that I consider undesirable

Do you believe that the experience and your contemplation of that experience has led to longterm and persisting

03/07/2015, 5:02 PM Qualtrics Survey Software changes in your mood? +3. Strong positive change that I consider desirable +2. Moderate positive change that I consider desirable +1. Slight positive change that I consider desirable 0. No change -1. Slight negative change that I consider undesirable -2. Moderate negative change that I consider undesirable -3 Strong negative change that I consider undesirable Do you believe that the experience and your contemplation of that experience has led to longterm and persisting behavioral changes? +3. Strong positive change that I consider desirable +2. Moderate positive change that I consider desirable +1. Slight positive change that I consider desirable 0. No change -1. Slight negative change that I consider undesirable -2. Moderate negative change that I consider undesirable -3 Strong negative change that I consider undesirable Do you believe that the experience and your contemplation of that experience has led to longterm and persisting changes in how **spiritual** you are? +3. Strong positive change that I consider desirable +2. Moderate positive change that I consider desirable +1. Slight positive change that I consider desirable 0. No change -1. Slight negative change that I consider undesirable -2. Moderate negative change that I consider undesirable

INSPIRIT + Other

3 Strong negative change that I consider undesirable

experience you described, have you had continuing encou identified \${q://QID149/ChoiceGroup/SelectedChoices}?	
Yes	No
0	0
Such continuing encounters can vary in measures of inten (weak, moderate, strong), what is the frequency of such \$\{q://QID149/ChoiceGroup/SelectedChoices\}?	
more than twice a day	
twice a day	
once a day	
5-6x/week	
3-4x/week	
1-2x/week	
1-3x/month	
less than 1x/month	
Such continuing encounters can vary in measures of inten strong intensity , what is the frequency of such continuing \${q://QID149/ChoiceGroup/SelectedChoices}?	
more than twice a day	
twice a day	
once a day	
5-6x/week	
3-4x/week	
1-2x/week	
1-3x/month	
less than 1x/month	

Final set of questions about your general spiritual or religious beliefs and experience:

Thinking very broadly, do you believe there matter that comprises your physical body)?		oc and adam (office than the physical
Yes	Possibly	No, absolutely not
	O	
What do you believe happens after you die	?	
Note: Check all that could apply		
Nothing, I will cease to exist		
☐ I will go to a positive realm (e.g., heaven, nirv	ana, paradise, etc.)	
☐ I will go to a negative realm (e.g., hell, a real	n of suffering, etc.)	
I will go to a positive realm (e.g., heaven, nirv suffering, etc.)	ana, paradise, etc.) or a negative realr	m (e.g., hell, a realm of
I will go to a neutral realm, separate from the	conventional positive and negative rea	alms
☐ I will be reincarnated		
☐ There is a continuity of some form of conscio	usness	
☐ There is a continuity of spirit		
☐ There is a continuity of energy		
☐ There is a continuity of soul		
☐ There is continuity through family and friends		
Other		
Please describe briefly (250 characters ma	x):	

Do your beliefs about what happens	when you die bring	g you:	
Comfort	Discomfort	Neither comfort nor discomfort	Both comfort and discomfort
Some believe that there are only evil are people who are truly evil (e.g., ag	gents of the devil).		
Do you think that there are people wlignorance, mental illness, or socialize			out of circumstance (e.g.,
Yes, there are people who are truly evil (e.g., agents of the devil)		people committing evil acts of ignorance	I do not know
Do you believe in the literal interpreta understanding (i.e. the events in that			dation of your religious
Yes		No	
The following questions concern you answers. For each question, select the			are no right or wrong
How strongly religious (or spiritual)	ly oriented) do you	consider yourself to be?	
O Not at all			
Not very strong			
Somewhat strong Strong			
2. About how often do you spend tim	e on religious or ទរុ	piritual practices?	
Several times per day - several times			
Once per week - several times per mo	onth		

Once per month - several times per year Once a year or less
3. How often have you felt as though you were very close to a powerful spiritual force that seemed to lift you outside yourself?
O Never
Once or twice
O Several times
Often
People have many different definitions of the "Higher Power" that we often call "God." Please use your definition of God when answering the following questions:
4. How close do you feel to God?
I don't believe in God
O Not very close
O Somewhat close
C Extremely close
5. Have you ever had an experience that has convinced you that God exists?
○ Yes
○ No
6. Indicate whether you agree or disagree with this statement: "God dwells within you." Definitely disagree Tend to disagree Tend to agree Definitely agree

The following list describes spiritual experiences that some people have had. Please indicate if you have had any of these experiences and the extent to which each of them has affected your belief in God.

	I have never had this experience	I have had this experience and it:		
		Did not strengthen belief in God	Strengthened belief in God	Convinced me of God's existence
A. An experience of God's energy or presence	0	0	0	0
B. An experience of a great spiritual figure (e.g., Jesus, Mary, Elijah, Buddah)	0	0	0	0
C. An experience of angels or guiding spirits	0	0	\circ	0
D. An experience of communication with someone who has died	0	0	0	0
E. Meeting or listening to a spiritual teacher or master	0	0	\circ	0
	I have never had this experience	I have had this experience and it:		
	охронопоо	experience and it.		
	охронопос	Did not strengthen belief in God	Strengthened belief in God	Convinced me of God's existence
F. An overwhelming experience of love	0	Did not strengthen		
	O O	Did not strengthen		
of love G. An experience of profound	O O	Did not strengthen		
of love G. An experience of profound inner peace H. an experience of complete joy and ectsasy I. A miraculous (or not normally occurring) event	O O O	Did not strengthen		
of love G. An experience of profound inner peace H. an experience of complete joy and ectsasy I. A miraculous (or not normally	O O O	Did not strengthen		
of love G. An experience of profound inner peace H. an experience of complete joy and ectsasy I. A miraculous (or not normally occurring) event J. A healing of your body or mind (or witnessed such a	0 0 0 0	Did not strengthen belief in God		
of love G. An experience of profound inner peace H. an experience of complete joy and ectsasy I. A miraculous (or not normally occurring) event J. A healing of your body or mind (or witnessed such a	I have never had this experience	Did not strengthen		
of love G. An experience of profound inner peace H. an experience of complete joy and ectsasy I. A miraculous (or not normally occurring) event J. A healing of your body or mind (or witnessed such a	O O O O O O O O O O O O O O O O O O O	Did not strengthen belief in God		

L. An experience with near death or life after death	0	0	0	0
M. Other	0	\circ	\circ	0
Which of the following statem	ents do you most clos	sely identify with?		
I have no doubt that a God I do no or Gods do not exist	ot believe that a God or Gods exist	I am not sure	I believe a God or Gods exist	I have no doubt that a God or Gods exist
0	0	\circ	0	0
You have previously identified "\${q://QID167/ChoiceGroup/S	SelectedChoices}"			
Please rate the degree of cert	tainty with which you	believe your previous	s answer:	
	Completely Uncertain		С	ompletely Certain
0				100
In the previous questions you indicated that you were not sure whether or not a God or Gods exist. Using the below, please indicate where you fall on the continuum of belief:				
	I do not believe a God or Gods exist			eve a God Gods exist
0	1			100
inal Thoughts				
Optional question:				

This text box is a final opportunity for you to provide any additional information or insights you might wish to share

about your encounter with the previously identified \${q://QID149/ChoiceGroup/SelectedChoices}.

Although we have already asked you many specific questions, we recognize that there still may be important details of your story that you would like us to know. The space below is an opportunity for you to tell us about these other details. If you encountered any technical difficulties during completion of this survey we would appreciate it if you would briefly describe them briefly in the text box below: The accuracy of the responses we collect and analyze in this anonymous survey is very important to us. If you think you did not provide reasonably accurate information when completing this survey (e.g. you became distracted and lost focus), we would appreciate you letting us know so that the data can be excluded from analysis. Please discard my responses Please keep my responses because I believe them to be reasonably accurate