

**S5 Table. Weighted<sup>a</sup> correlations between dose-parameters and sociodemographic factors for older adults with cognitive impairments.**

	<b>Age</b>	<b>MMSE</b>	<b>Program duration</b>	<b>Session duration</b>	<b>Frequency</b>	<b>Total exercise duration</b>
Age	.	-0.92	-0.76	-0.58	0.38	-0.82
MMSE	.	.	0.71	0.69	-0.55	0.74
Program duration (weeks)	.	.	.	0.73	-0.67	0.90
Session duration (minutes)	.	.	.	.	-0.90	0.73
Frequency (#/week)	.	.	.	.	.	-0.48**
Total exercise duration (minutes)	.	.	.	.	.	.

<sup>a</sup>Correlations weighted for n per study.