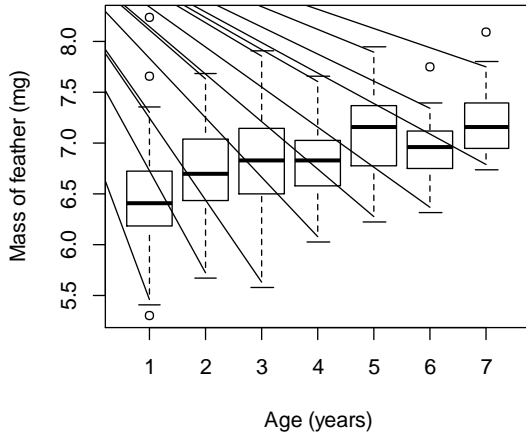


(a)



(b)

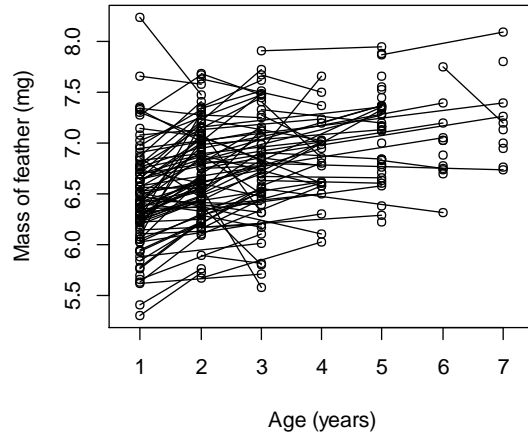


Figure S2. Mass of tail feathers (mg) among Sand Martins belonging to different age categories. (a) For each age category (among-individual age effect: $P < 0.001$), (b) mass of feathers (mg) of the same individual at different ages is connected with lines (within-individual age effect: $P < 0.001$). Box plots show medians, quartiles, 5- and 95-percentiles and extreme values.