

## Excluded studies with reasons for exclusion

| Authors  | Title   | Journal   | Published | Reason for exclusion   |
|--|---|---|-----------|--|
| Allen KN, Wozniak, DF  | The language of healing: Women's voices in healing and recovering from domestic violence  | Social Work in Mental Health  | 2011      | no control group   |
| Asawa P, Pateracki E   | Reducing anxiety to technology: Utilizing expressive experiential interventions   | Dissertation Abstracts International: Section B: The Sciences and Engineering | 2004      | dissertation, no peer reviewd publication  |
| Campbell M, Decker K, Kruk K, Deaver, S  | Art therapy and cognitive processing therapy for combat-related PTSD: A randomized controlled trial   | Art Therapy   | 2016      | only PTSD (no anxiety symptoms measured)   |
| Curry NA, Kasser T   | Can coloring mandalas reduce anxiety?   | Art Therapy   | 2005      | anxiety induction  |
| de Morais AAH, Dalecio MAN, Vizmann A, Bueno,VLRD, Roecker S, Salvagioni, DAJ, Eler GJ | Effect on scores of depression and anxiety in psychiatric patients after clay work in a day hospital  | Arts in Psychotherapy   | 2014      | not only anxiety; no pre test  |
| Eaton J, Tieber C  | The effects of coloring on anxiety, mood, and perseverance  | Art Therapy   | 2017      | healthy population   |
| Heynen E, Roest J, Willemars G, van Hooren S   | Therapeutic alliance is a factor of change in arts therapies and psychomotor therapy with adults who have mental health problems                      | Arts in Psychotherapy   | 2017      | no control group   |
| Kim SK   | A randomized, controlled study of the effects of art therapy on older Korean-Americans' healthy aging   | Arts in Psychotherapy   | 2013      | elderly  |
| Kimport E, Hartzell E  | Clay and anxiety reduction: A one-group, pretest/posttest design with patients on a psychiatric unit  | Art Therapy   | 2015      | no control group   |
| Lande RG, Banks, Williams L., Francis JL, Gagnani C, Morin ML                          | Characteristics and effectiveness of an intensive military outpatient treatment program for PTSD  | Journal of Aggression, Maltreatment and Trauma                                | 2011      | no control group   |
| Selders M, Visser R, van Rooij W, Delfstra G, Koelen JA                                | The development of a brief group intervention (Dynamic Interpersonal Therapy) for patients with medically unexplained somatic symptoms: a pilot study | Psychoanalytic Psychotherapy  | 2015      | AT was small part of large multidisciplinary treatment, no effect measures of AT |
| Swami V  | Sketching people: Prospective investigations of the impact of life drawing on body image  | Body Image  | 2017      | no primary anxiety (negative body image)   |
| Toroghi LM   | The Effectiveness of Art Therapy On Housewives General Health, Anxiety and Self-efficacy in Tehran  | European Psychiatry   | 2015      | poster, no peer reviewed publication   |

## Excluded studies with reasons for exclusion – from reference lists of systematic reviews

| Authors   | Title   | Journal   | Published | Reason for exclusion   |
|---|---|---|-----------|--|
| Andersson G, Paxling B, Roch-Norlund P et al.           | Internet-based psychodynamic versus cognitive behavioral guided self-help for generalized anxiety disorder: a randomized controlled trial.            | Psychosom 2012;81:344-55.                               | 2012      | no art therapy   |
| Bell, C.E., & Robbins, S.J.                             | Effect of art production on negative mood: A randomized, controlled trial.  | Art Therapy, 24(2), 71-75.                              | 2007      | induced worry in healthy population  |
| Droždek B., Bolwerk N. (2010a).                         | Evaluation of Group Therapy With Traumatized Asylum Seekers and Refugees—The Den Bosch Model.   | Traumatology, 16, 117–127. doi:10.1177/1534765610388298 | 2010      | adults up to 70 years (>65). PTSD, and art therapy is part of a multidisciplinary treatment and not separately tested. |
| Droždek B., Bolwerk N., Tol W. A., Kleber R. J. (2012). | Group therapy with male asylum seekers and refugees with PTSD: A controlled comparison cohort study of three day-treatment programs.                  | Journal of Nervous and Mental Disease, 200, 758–765.    | 2012      | adults up to 70 years (>65). PTSD, and art therapy is part of a multidisciplinary treatment and not separately tested. |
| Egger N, Konnopka A, Beutel ME et al.                   | Short-term cost-effectiveness of psychodynamic therapy and cognitive-behavioral therapy in social anxiety disorder: results from the SOPHO-NET trial. | J Affect Disord 2015;180:21-8.                          | 2015      | no art therapy   |
| Knijnik DZ, Salum GA, Jr., Blanco C et al.              | Defense style changes with the addition of psychodynamic group therapy to clonazepam in social anxiety disorder.                                      | J Nerv Ment Dis 2009;197:547-51.                        | 2009      | no art therapy   |
| Leichsenring F, Salzer S, Beutel ME et al.              | Psychodynamic therapy and cognitive-behavioral therapy in social anxiety disorder: a multicenter randomized controlled trial.                         | Am J Psychiatry 2013;170:759-67.                        | 2013      | no art therapy   |
| Leichsenring F, Salzer S, Beutel ME et al.              | Long-term outcome of psychodynamic therapy and cognitive-behavioral therapy in social anxiety disorder.   | Am J Psychiatry 2014;171:1074-82.                       | 2014      | no art therapy   |
| Leichsenring F, Salzer S, Jaeger U et al.               | Short-term psychodynamic psychotherapy and cognitive-behavioral therapy in generalized anxiety disorder: a randomized, controlled trial.              | Am J Psychiatry 2009;166:875-81.                        | 2009      | no art therapy   |