**S1 Table.**

|  |  |  |
| --- | --- | --- |
|  | Adult female | Copepodite |
|  | R1 | R2 | R3 | R1 | R2 | R3 |
| # Individuals  | 5 | 6 | 6 | 20 | 26 | 15 |
| Raw reads | 85,901,661 | 86,553,097 | 86,586,788 | 92,094,836 | 90,779,877 | 86,084,082 |
| Sequencing Yields (Mb) | 14,490 | 14,720 | 14,730 | 15,530 | 15,300 | 14,740 |
| Overall alignment | 91.46 | 91.38 | 91.15 | 90.85 | 91.96 | 87.75 |
| Mapped > 1 time | 36.62 | 36.68 | 35.47 | 35.19 | 34.62 | 30.91 |