**S2 Appendix. MOOSE Checklist.**

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| **Item No** | **Recommendation** | **Reported on Page No** |
| Reporting of background should include | | |
| 1 | Problem definition | 4 |
| 2 | Hypothesis statement | 4 |
| 3 | Description of study outcome(s) | 4 |
| 4 | Type of exposure or intervention used | 4 |
| 5 | Type of study designs used | 4 |
| 6 | Study population | 4 |
| Reporting of search strategy should include | | |
| 7 | Qualifications of searchers (eg, librarians and investigators) | 5 |
| 8 | Search strategy, including time period included in the synthesis and key words | 5 |
| 9 | Effort to include all available studies, including contact with authors | 5-6 |
| 10 | Databases and registries searched | 5 |
| 11 | Search software used, name and version, including special features used (eg, explosion) | Not applicable |
| 12 | Use of hand searching (eg, reference lists of obtained articles) | 5 |
| 13 | List of citations located and those excluded, including justification | 5 |
| 14 | Method of addressing articles published in languages other than English | 5 |
| 15 | Method of handling abstracts and unpublished studies | 5-6 |
| 16 | Description of any contact with authors | 5-6 |
| Reporting of methods should include | | |
| 17 | Description of relevance or appropriateness of studies assembled for assessing the hypothesis to be tested | 5-6 |
| 18 | Rationale for the selection and coding of data (eg, sound clinical principles or convenience) | 5-6 |
| 19 | Documentation of how data were classified and coded (eg, multiple raters, blinding and interrater reliability) | 5-6 |
| 20 | Assessment of confounding (eg, comparability of cases and controls in studies where appropriate) | 5-6 |
| 21 | Assessment of study quality, including blinding of quality assessors, stratification or regression on possible predictors of study results | 6 |
| 22 | Assessment of heterogeneity | 6 |
| 23 | Description of statistical methods (eg, complete description of fixed or random effects models, justification of whether the chosen models account for predictors of study results, dose-response models, or cumulative meta-analysis) in sufficient detail to be replicated | 6 |
| 24 | Provision of appropriate tables and graphics | Figure 1-2, Table 1-3, S5 |
| Reporting of results should include | | |
| 25 | Graphic summarizing individual study estimates and overall estimate | Figure 2, S5 Figure 1,3,4,6,7,9,10 |
| 26 | Table giving descriptive information for each study included | Table 1-3, S5 Table 1 |
| 27 | Results of sensitivity testing (eg, subgroup analysis) | 8-10 |
| 28 | Indication of statistical uncertainty of findings | 7-10 |

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| **Item No** | **Recommendation** | **Reported on Page No** |
| Reporting of discussion should include | | |
| 29 | Quantitative assessment of bias (eg, publication bias) | 7-10 |
| 30 | Justification for exclusion (eg, exclusion of non-English language citations) | Figure 1 |
| 31 | Assessment of quality of included studies | 7 |
| Reporting of conclusions should include | | |
| 32 | Consideration of alternative explanations for observed results | 10-12 |
| 33 | Generalization of the conclusions (ie, appropriate for the data presented and within the domain of the literature review) | 10-12 |
| 34 | Guidelines for future research | 12-13 |
| 35 | Disclosure of funding source | N/A |