**S1 Appendix**

**The Aesthetic Emotions Scale (Aesthemos)**

The Aesthemos can be used to assess either the intensity of aesthetic emotions (e.g., for studying momentary aesthetic experience or the experience of a specific stimulus, such as a picture, poem, piece of music, or film scene) or the frequency of experiencing aesthetic emotions during a more prolonged aesthetic experience (e.g., for studying an event as a whole, such as an entire art exhibition, theater performance, or a walk through nature). An example of the Aesthemos assessing intensity is shown below.

*For the frequency version, the following modifications need to be made.*

*Rating instruction:* How often did you feel this emotion?

*Rating scale:* From 1 *never* to 5 *very often*

***Instruction:***

Which emotional effect did \_\_\_\_\_\_\_\_\_\_\_\_ have on you?

For each emotion listed below, please mark the response category that best matches your personal experience. Please only indicate how **you** actually felt. Do not characterize the emotions expressed in \_\_\_\_\_\_\_\_\_\_\_\_ if you did not feel them yourself.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **How intensely did you feel this emotion?** | | | | |
| **Emotional feeling** | **1**  **not at all** | **2** | **3** | **4** | **5**  **very** |
| 1 I found it beautiful | □1 | □2 | □3 | □4 | □5 |
| 2 Challenged me intellectually | □1 | □2 | □3 | □4 | □5 |
| 3 Delighted me | □1 | □2 | □3 | □4 | □5 |
| 4 Calmed me | □1 | □2 | □3 | □4 | □5 |
| 5 Made me curious | □1 | □2 | □3 | □4 | □5 |
| 6 Liked it | □1 | □2 | □3 | □4 | □5 |
| 7 Fascinated me | □1 | □2 | □3 | □4 | □5 |
| 8 Felt something wonderful | □1 | □2 | □3 | □4 | □5 |
| 9 Invigorated me | □1 | □2 | □3 | □4 | □5 |
| 10 Was mentally engaged | □1 | □2 | □3 | □4 | □5 |
| 11 Baffled me | □1 | □2 | □3 | □4 | □5 |
| 12 I found it ugly | □1 | □2 | □3 | □4 | □5 |
| 13 Sensed a deeper meaning | □1 | □2 | □3 | □4 | □5 |
|  | **How intensely did you feel this emotion?** | | | | |
| **Emotional feeling** | **1**  **not at all** | **2** | **3** | **4** | **5**  **very** |
| 14 Felt deeply moved | □1 | □2 | □3 | □4 | □5 |
| 15 Made me feel melancholic | □1 | □2 | □3 | □4 | □5 |
| 16 Energized me | □1 | □2 | □3 | □4 | □5 |
| 17 Made me angry | □1 | □2 | □3 | □4 | □5 |
| 18 Was enchanted | □1 | □2 | □3 | □4 | □5 |
| 19 Bored me | □1 | □2 | □3 | □4 | □5 |
| 20 Relaxed me | □1 | □2 | □3 | □4 | □5 |
| 21 Felt a sudden insight | □1 | □2 | □3 | □4 | □5 |
| 22 Amused me | □1 | □2 | □3 | □4 | □5 |
| 23 Made me sad | □1 | □2 | □3 | □4 | □5 |
| 24 Felt confused | □1 | □2 | □3 | □4 | □5 |
| 25 Made me aggressive | □1 | □2 | □3 | □4 | □5 |
| 26 Made me feel sentimental | □1 | □2 | □3 | □4 | □5 |
| 27 Worried me | □1 | □2 | □3 | □4 | □5 |
| 28 Made me feel nostalgic | □1 | □2 | □3 | □4 | □5 |
| 29 Surprised me | □1 | □2 | □3 | □4 | □5 |
| 30 Felt oppressive | □1 | □2 | □3 | □4 | □5 |
| 31 I found it sublime | □1 | □2 | □3 | □4 | □5 |
| 32 Spurred me on | □1 | □2 | □3 | □4 | □5 |
| 33 Felt indifferent | □1 | □2 | □3 | □4 | □5 |
| 34 Was impressed | □1 | □2 | □3 | □4 | □5 |
| 35 I found it distasteful | □1 | □2 | □3 | □4 | □5 |
| 36 Touched me | □1 | □2 | □3 | □4 | □5 |
| 37 Was unsettling to me | □1 | □2 | □3 | □4 | □5 |
| 38 Sparked my interest | □1 | □2 | □3 | □4 | □5 |
| 39 Made me happy | □1 | □2 | □3 | □4 | □5 |
| 40 Felt awe | □1 | □2 | □3 | □4 | □5 |
| 41 Motivated me to act | □1 | □2 | □3 | □4 | □5 |
| 42 Was funny to me | □1 | □2 | □3 | □4 | □5 |