Supplementary Table 3 – Minutes of active time as reported by consumer devices (± SD)

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Microsoft Band**  **(Active Time)** | **Apple Watch**  **(Exercise Minutes)** | **Apple Watch**  **(Total Active Time)** | **Fitbit Charge HR**  **(Active Minutes)** | **Jawbone UP24**  **(Active Time)** |
| 362 ± 188 | 58 ± 40 | 818 ± 88 | 70 ± 59 | 112 ± 59 |