

S1 Fig: XANES of the shoot and root of a dried rice plant treated with 2000 μ g/L Se as Na₂SeO₃ (left) or Na₂SeO₄ (right); green, red & blue indicating peak lines for selenomethionine (12.661 keV), selenite (12.664 keV) and selenate (12.667 keV), respectively