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| **Supplemental Data Table 3: Baseline characteristics reference subjects** |
| **Characteristic** | **Total (n = 2,506)** |
| Demography |  |
|  Age (years) | 49.5 ± 10.9 |
|  Males (%) | 49.7 |
| Waist circumference (cm) | 87.3 ± 9.8 |
|  Systolic blood pressure (mmHg) | 120.3 ± 15.3 |
|  Heart rate (bpm) | 67.8 ± 9.7 |
|  LVH according to Cornell (%) | 1.8 |
| Baseline medical history |  |
|  Smoking or quit <1 year (%) | 29.7 |
|  Myocardial infarction (%) | 1.2 |
|  Stroke (%) | 0.6 |
|  Venous thromboembolism (%) | 0.4 |
|  Diabetes mellitus (%) | 4.0 |
| Laboratory values |  |
|  Glucose (mmol/L) | 4.8 ± 0.8 |
|  Cholesterol (mmol/L) | 5.4 ± 1.0 |
|  eGFR (mL/min/1.73m²) | 93.6 ± 14.8 |
|  UAE (mg/24h) | 6.3 (5.3 – 7.8) |
|  hs-C-reactive protein (mg/L) | 0.9 (0.4 – 1.6) |
|  Erythropoietin (IU/L) | 7.2 (5.5 – 9.2) |
|  Hemoglobin (g/dL) | 13.8 ± 1.0 |
| Values are given as means ± SD, medians (Q25 – Q75) or proportions (%). LVH = Left Ventricular Hypertrophy, eGFR = estimated Glomerular Filtration RateUAE = Urinary Albumin Excretion |