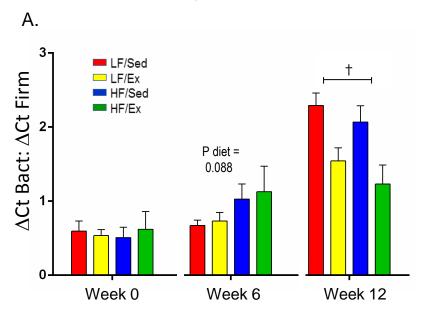
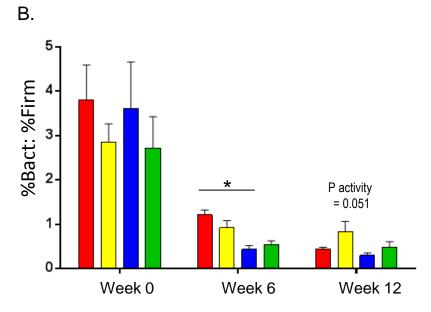
## Data Supplement, Figure S5





Data supplement- Figure S5. Changes in the Bacteroidetes:Firmicutes Ratio Determined by qPCR and Sequencing. A. The ratio of the  $\Delta$ Ct-Bacteroidetes: $\Delta$ Ct-Firmicutes from qPCR at weeks 0, 6 and 12. and B. %-Bacteroidetes: %-Firmicutes from sequencing at weeks 0, 6 and 12. Data are presented as mean  $\pm$  SEM. Significant differences are indicated as follows: "\*" P< 0.05 for diet effect, "†" P< 0.05 activity effect and "‡" P<0.05 diet and activity interaction.