**Appendix S2**

**Table S1:** Availability of different physical performance measures at baseline (T1) and follow-up (T2)

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Measure |  | Cohort | | | |
|  |  | CaPS | HAS | LBC | NSHD |
| Walking speed | T1 |  |  | X |  |
| T2 | X | X | X | X |
| Chair rises | T1 |  |  |  | X |
| T2 |  | X |  | X |
| Grip strength | T1 |  | X | X | X |
| T2 |  | X | X | X |
| Standing balance | T1 |  |  |  | X |
| T2 | X | X |  | X |