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| **Study** |  | **Random sequence generation** | **Allocation concealment** | **Blinding of participants and personnel** | **Blinding of outcome assessment** | **Incomplete outcome data** | **Selective reporting** | **Other bias** |
| Camargo[21](#_ENREF_20) | 2012 | Low | Low | Unclear | Unclear | Low | Low | Low |
| Laaksi[25](#_ENREF_24) | 2010 | Low | Low | Low | Low | Unclear | Low | Low |
| Aloia[17](#_ENREF_16) | 2007 | Low | Low | Low | Low | Unclear | High | Low |
| Urashima[32](#_ENREF_31) | 2010 | Low | Low | Low | Low | Unclear | Low | Low |
| Lehouck[26](#_ENREF_25) | 2012 | Low | Low | Low | Low | Low | Low | Low |
| Manaseki[30](#_ENREF_29) | 2010 | Low | Low | Low | Low | Low | Low | Low |
| Manaseki[29](#_ENREF_28) | 2012 | Low | Low | Low | Low | Low | Low | Low |
| Murdoch[31](#_ENREF_30) | 2012 | Low | Low | Low | Low | Low | Low | Low |
| Li-Ng[27](#_ENREF_26) | 2009 | Low | Low | Low | Low | Unclear | Low | Low |
| Bergman[19](#_ENREF_18) | 2012 | Low | Low | Low | Low | Low | Low | Low |
| Majak[28](#_ENREF_27) | 2011 | Low | Low | Low | Low | Low | Low | Low |
| Jorde[23](#_ENREF_22) | 2012 | Unclear | Low | Low | Low | High | Low | Unclear |