Appendix S2

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| Criterion | Description |
| Baseline Outcomes | Primary outcomes measured prior to intervention commencement and equivalence across intervention arms or otherwise adequately addressed  |
| Baseline characteristics | Equivalence in participant characteristics across intervention groups or otherwise adequately addressed  |
| Incomplete data (missing data & attrition) | Dropout or missing data minor or adequately addressed  |
| Contamination | Control and intervention groups kept independent of each other  |
| Selective reporting | All relevant outcome measures of the method section are reported in the results section |
| Blinding | Assessors were blind to intervention condition |
| Reliability of outcome measures | Outcome measures were adequate to assess the construct - at least 3 items or were they psychometrically validated |
| Adherence | Intervention implemented as intended by the project co-ordinators or adequately addressed |
| Exposure | Target group was exposed as specified to the intervention or adequately addressed |