

Table S4. The quality of evidence and the strengths of recommendations.

Outcomes	Illustrative comparative risks* (95% CI)		Relative effect (95% CI)	No of Participants (studies)	Quality of the evidence (GRADE)
	Assumed risk	Corresponding risk			
	Control				
Mortality	Study population		RR 1.10	9859	⊕⊕⊕⊕
	138 per 1000	152 per 1000 (138 to 167)	(1.00 to 1.21)	(18 studies)	moderate
	Moderate				
Hypertension	Study population		RR 1.40	6755	⊕⊕⊕⊕
	61 per 1000	86 per 1000 (69 to 107)	(1.12 to 1.75)	(8 studies)	moderate
	Moderate				
Stroke	Study population		RR 1.73	6792	⊕⊕⊕⊕
	22 per 1000	39 per 1000 (29 to 51)	(1.31 to 2.29)	(4 studies)	high
	Moderate				
Non-fatal myocardial infarction	Study population		RR 1.13	4122	⊕⊕⊕⊕
	26 per 1000	30 per 1000 (21 to 42)	(0.79 to 1.62)	(6 studies)	moderate
	Moderate				
Renal Replacement Therapy	Study population		RR 1.00	7298	⊕⊕⊕⊕
	89 per 1000	89 per 1000 (76 to 105)	(0.85 to 1.18)	(12 studies)	moderate
	Moderate				
Hospitalizations	Study population		RR 1.07	2753	⊕⊕⊕⊕
	556 per 1000	595 per 1000 (556 to 634)	(1.00 to 1.14)	(3 studies)	moderate
	Moderate				