

# Inadvertent Occlusion of the Anterior Choroidal Artery Explains Infarct Variability in the Middle Cerebral Artery Thread Occlusion Stroke Model

Damian D. McLeod<sup>1\*</sup>, Daniel J. Beard<sup>1</sup>, Mark W. Parsons<sup>1,2</sup>, Christopher R. Levi<sup>1,2</sup>, Mike B. Calford<sup>1\*</sup>, Neil J. Spratt<sup>1,2</sup>

1 University of Newcastle and Hunter Medical Research Institute, Callaghan, New South Wales, Australia, 2 Hunter New England Local Health District, New Lambton Heights, New South Wales, Australia

#### **Abstract**

Intraluminal occlusion of the middle cerebral artery (MCAo) in rodents is perhaps the most widely used model of stroke, however variability of infarct volume and the ramifications of this on sample sizes remains a problem, particularly for preclinical testing of potential therapeutics. Our data and that of others, has shown a dichotomous distribution of infarct volumes for which there had previously been no clear explanation. When studying perfusion computed tomography cerebral blood volume (CBV) maps obtained during intraluminal MCAo in rats, we observed inadvertent occlusion of the anterior choroidal artery (AChAo) in a subset of animals. We hypothesized that the combined occlusion of the MCA and AChA may be a predictor of larger infarct volume following stroke. Thus, we aimed to determine the correlation between AChAo and final infarct volume in rats with either temporary or permanent MCA occlusion (1 h, 2 h, or permanent MCAo). Outbred Wistar rats (n = 28) were imaged prior to and immediately following temporary or permanent middle cerebral artery occlusion. Presence of AChAo on CBV maps was shown to be a strong independent predictor of 24 h infarct volume  $(\beta = 0.732, p < 0.001)$ . This provides an explanation for the previously observed dichotomous distribution of infarct volumes. Interestingly, cortical infarct volumes were also larger in rats with AChAo, although the artery does not supply cortex. This suggests an important role for perfusion of the MCA territory beyond the proximal occlusion through AChA-MCA anastomotic collateral vessels in animals with a patent AChAo. Identification of combined MCAo and AChAo will allow other investigators to tailor their stroke model to reduce variability in infarct volumes, improve statistical power and reduce sample sizes in preclinical stroke research.

Citation: McLeod DD, Beard DJ, Parsons MW, Levi CR, Calford MB, et al. (2013) Inadvertent Occlusion of the Anterior Choroidal Artery Explains Infarct Variability in the Middle Cerebral Artery Thread Occlusion Stroke Model. PLoS ONE 8(9): e75779. doi:10.1371/journal.pone.0075779

Editor: Thiruma V. Arumugam, National University of Singapore, Singapore

Received July 9, 2013; Accepted August 18, 2013; Published September 17, 2013

**Copyright:** © 2013 McLeod et al. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

Funding: This work was supported by the National Health and Medical Research Council (NHMRC, Australia), Program Grant, #454417 (www.nhmrc.gov.au); the National Stroke Foundation (Australia), Small Project Grant (http://strokefoundation.com.au/research/research-grants-2008-09/); the Hunter Medical Research Institute Stroke Research Project Grant (Grant #G0189810) (www.newcastle.edu.au); and from funds donated by the Greater Building Society (http://www.greater.com.au). N. Spratt received a NHMRC training fellowship, #455632 (www.nhmrc.gov.au). The funders had no role in study design, data collection and analysis, decision to publish, or preparation of the manuscript.

Competing Interests: The authors have declared that no competing interest exist.

- \* E-mail: Damian.McLeod@newcastle.edu.au
- ¤ Current address: Illawarra Health and Medical Research Institute and University of Wollongong, New South Wales, Australia

#### Introduction

Studies in both human and animals have reported large variability in the vascular anatomy of the brain. Of significance in the field of ischemic stroke research is the anatomy of the middle cerebral artery (MCA) and adjacent branches, in particular the anterior choroidal artery (AChA). The AChA supplies blood to the globus pallidus, the internal capsule, choroid plexus and has anastomotic connections with the MCA in rats and humans [1,2]. Despite the AChA territory being well defined, there is substantial variability in the origin of this vessel. The AChA predominantly originates from the internal carotid artery (ICA) in close proximity to the MCA in rats and humans [1–3].

Intraluminal thread occlusion of the MCA in the rat is the most common experimental model of stroke. This technique is performed by inserting an occluding monofilament suture via the ICA to occlude the origin of the MCA [4]. Advantages of this technique include lack of craniotomy and control over occlusion and reperfusion. One disadvantage of this model is the large variability in infarct volume. Factors thought to influence infarct volume variability include genetics [5], blood pressure [6], collateral blood flow [7], duration of vessel occlusion, and type of intraluminal thread used [8].

A new observation was made while developing our perfusion computed tomography (CTP) rat stroke model (intraluminal MCAo) [9,10]. In a subset of animals, there was loss of arterial-intensity signal in the distribution of the anterior choroidal artery (AChA) on cerebral blood volume (CBV) maps, in addition to the expected loss of signal in the MCA territory. We hypothesized that the combined occlusion of the MCA and AChA may be a predictor of larger infarct volume at 24 h following stroke. Thus we aimed to determine the correlation between AChAo and final infarct volume, in rats with either temporary or permanent MCA

occlusion (1 h, 2 h, and permanent MCAo). The aims of the project were successfully achieved.

#### **Methods**

#### **Ethics Statement**

All surgical and experimental protocols were in accordance with the Australian Code of Practice for the Care and Use of Animals for Scientific Purposes and were approved by the University of Newcastle (UoN) Animal Care and Ethics Committee.

# **Surgical Procedures**

Male outbred Wistar rats (300–500 g) (Animal Services Unit, UoN) underwent MCAo, using the silicone-tipped intraluminal thread occlusion method [11]. Each 4-0 monofilament occluding thread had a 3 mm silicone tip (0.35 mm diameter). Animals were anesthetized with isoflurane (5% induction, 1.5 – 2.5% maintenance during surgery and 1.0–1.5% during imaging) and a 50:50 mix of nitrous oxide and oxygen via facemask. Animals were subject to either permanent MCAo (n = 13), or 1 hr (n = 8) or 2 hr (n = 7) temporary MCA occlusion, with reperfusion achieved by gentle withdrawal of the occluding thread. Details of thread insertion for MCAo on the CT scanning table have been previously reported [9]. All animals had a jugular venous catheter inserted for injection of radio-opaque contrast during imaging [9].

## CT Image Acquisition, Processing and Analysis

Detailed methods and perfusion computed tomography (CTP) data have been reported for this cohort of animals [9,10]. All imaging was performed using a Siemens 64 slice CT scanner (Siemens, Erlangen, Germany) with a 512×512 matrix, 50 mm field of view (FOV) with twelve 2.4 mm slices.

Post-processing of perfusion data was performed using MIStar imaging software (Apollo Medical Imaging Technology, Melbourne, Australia), as previously described [9]. In brief, cerebral blood flow (CBF), cerebral blood volume (CBV), and mean transit time (MTT) maps were generated from CTP images recorded within 5 minutes after MCAo. The two CTP slices that were analyzed were located at 0 mm bregma, and at 2.4 mm caudal to bregma. This allowed assessment of perfusion changes in the MCA and AChA territories. First, to exclude voxels containing large blood vessels the standard CBV large vessel threshold (10 ml/100 g) [9,10] was applied. This threshold did not exclude voxels within the AChA territory, however this territory was clearly visible on CBV colour maps. Therefore, a more stringent threshold was used to provide an objective marker of presence or absence of AChA occlusion. To do this, regions-of-interest (ROIs) encompassing the left (contralateral) and right (ipsilateral) hemispheres were generated (Figure 1). To determine the presence of concurrent AChAo, a threshold greater than or equal to the mean contralateral CBV was applied. Lack of signal in the ipsilateral AChA territory on these maps indicated occlusion of the AChA. Data analysis was performed by an observer (DDM) blinded to infarct volume outcome.

# Histology

At 24 hours following MCA occlusion, rats were euthanased by transcardial perfusion fixation with 4% paraformaldehyde. This was followed by histological processing, hemotoxylin-eosin (H&E) staining, scanning at 20x objective on a digital slide scanner (Aperio Technologies Inc., Vista, CA, USA), and infarct quantification, as previously described [9]. Infarct volumes were corrected for edema using the formula: corrected infarct vol. (mm³) = infarct vol. x (contralateral vol./ipsilateral vol.). Infarct

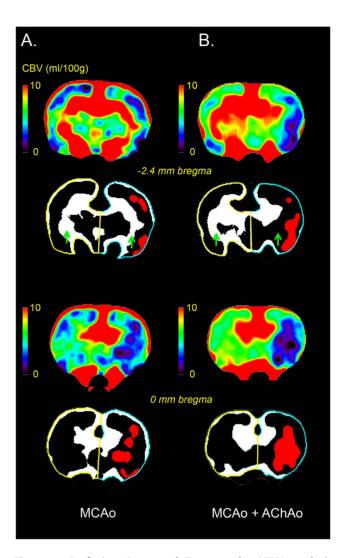


Figure 1. Perfusion Computed Tomography (CTP) analysis method. Cerebral blood volume (CBV) maps (coronal plane) from two rats taken immediately after intraluminal thread occlusion of the middle cerebral artery (MCAo). The animal in column A is seen to have MCAo with preserved AChA blood volume whereas the animal shown in column B has both MCAo and anterior choroidal artery occlusion (AChAo). For each rat, 2 bregma levels are shown, with the top 2 images showing the more caudal sections. At each level the colour coded CBV maps are shown on top, and underneath a CBV threshold of 10 ml/ 100 g was applied to all CBV maps to remove large blood vessels, and ROIs encompassing the left (contralateral, yellow outline) and right (ipsilateral, blue outline) hemispheres were generated. Voxels below the mean contralateral CBV were thresholded out to leave the voxels with higher CBV (white). Green arrows indicate the location of the AChA territory. Lack of CBV voxels in the ipsilateral AChA territory (column B, row 2) indicates occlusion of the AChA. For illustrative purposes, a CBV threshold of 2 ml/100 g [19] has been applied to the CBV maps to indicate the areas predicted to infarct within the MCA territory (red). doi:10.1371/journal.pone.0075779.g001

probability maps were generated for the pMCAo group at two bregma levels (-0.3 mm and -2.3 mm bregma) using Adobe Photoshop Version 13.0 (Adobe Systems Incorporated). The Photoshop Warp tool was used to transform the histological outlines to fit the stereotaxic atlas template (Paxinos and Watson [12]). The traced infarct outlines were filled with the same grey colour and the opacity was set to 24%. Sections from subsequent animals were overlaid.

#### **Statistics**

Statistical tests were performed with Graphpad Prism 6 (CA, USA) and SPSS 21.0 (IBM, USA). Due to the retrospective nature of the study, D'Agostino & Pearson omnibus normality tests were performed on all data prior to further statistical analyses. If data was normally distributed (alpha > 0.05), two-tailed *t*-tests were performed. The effect of MCAo vs. MCAo + AChAo on infarct volume within each of the 1 h, 2 h, and pMCAo groups, and in all animals combined were analyzed. All other statistical analyses between groups were done with two-tailed *t*-tests.

Regression analysis was used to determine independent predictors of infarct volume. The predictors of interest were MCA occlusion duration, the patency of AChA (i.e. occluded or not occluded), and weight. Each of these predictors was examined with a Pearson correlation analysis, and those with p<0.10 were included in a multiple linear regression model. The standardized coefficients ( $\beta$ -value) and p-values are presented to indicate the significant predictors of infarct volume. Statistical significance was accepted at p<0.05. Data is presented as mean  $\pm$  SD.

## Results

Successful occlusion of the MCA was observed in all animals (n=28) by visual inspection of the CTP maps (Figure 1). Infarction was confirmed in all animals with H&E histology at 24 h (Figure 2). A subset of animals (n=10) had no CBV above the mean contralateral CBV in the ipsilateral AChA territory, indicating AChAo (Figure 1B).

Infarct volumes from the pMCAo and 1 h groups were normally distributed (p=0.261, p=0.068, respectively). However, no further statistical analyses were performed on the 1 and 2 h groups because there were only two and one animal respectively in each of these groups with MCAo + AChAo. There were significant differences in infarct volume between animals with MCAo + AChAo compared to MCAo alone in the pMCAo group (42.7 $\pm$ 27.62 mm³ vs. 144.5 $\pm$ 11.72 mm³, p<0.0001, Figure 3A). When infarct volume data from the 1 h, 2 h and pMCAo groups were pooled into MCAo and MCAo + AChAo groups, there was a significant difference in infarct volume (24.6 $\pm$ 23.38 mm³ vs. 129.6 $\pm$ 41.58 mm³, p<0.0001).

AChAo patency and MCAo duration were significantly correlated with infarct volume (r = 0.85, p<0.0001; r = 0.58, p=0.0013, respectively). There was no significant correlation between weight and infarct volume (r = -0.22, p>0.10). AChAo patency and MCAo duration were included in the subsequent multiple linear regression model, which had an adjusted  $r^2$  value of 0.831. AChA patency and occlusion duration were both found to be significant independent predictors of 24 h infarct volume with  $\beta$ =0.732 and 0.367 respectively (both p<0.001).

Interestingly, the increase of infarct volume in the MCAo + AChAo group was not restricted to the territory of the AChA, which is entirely subcortical, but was also seen in cortical regions (Figure 2). Quantification of cortical and sub-cortical volumes of infarction in the pMCAo group revealed significantly larger subcortical infarct volumes (59.3 $\pm$ 9.11 mm³ vs. 28.5 $\pm$ 15.93 mm³, p=0.001), and even more dramatic differences in cortical infarct volumes in the MCAo + AChAo animals compared to those with MCAo alone (85.2 $\pm$ 9.50 mm³ vs. 14.2 $\pm$ 16.98 mm³, p<0.00001; Figure 3B & C).

#### Discussion

In this study, our goal was to determine the importance of inadvertent AChAo to the major problem of infarct volume variability in the intraluminal thread occlusion model. We showed that it had a major effect. Presence of anterior choroidal artery occlusion on CTP-derived CBV maps was a strong independent predictor of final infarct volume. The relationship between AChAo and infarct volume was present with either permanent or temporary occlusion. Although the known relationship between MCAo duration and infarct volume was also observed, within each occlusion duration group animals with AChAo had larger infarcts than those without. The use of CTP to define anterior choroidal artery occlusion has provided the likely explanation for the dichotomous distribution of infarct volumes after intraluminal thread occlusion of the MCA in rats [11,13,14] ENREF 11.

Occluding filament design, variability of vascular anatomy, and occluder tip positioning are likely causes for variability of AChAo. In the current study, variable occlusion of the AChA during MCAo occurred using occluding tips with consistent silicone tip

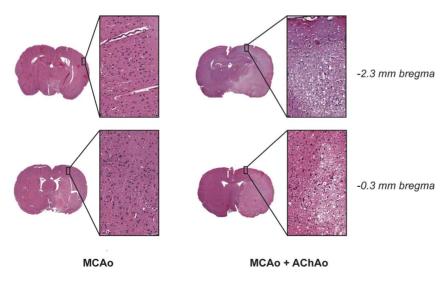
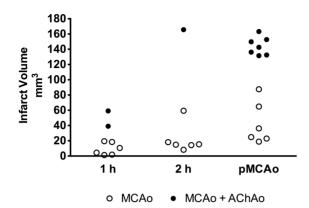
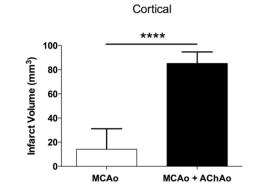


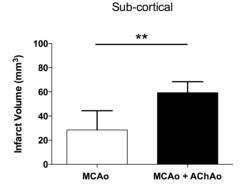
Figure 2. Histology sections from two pMCAo rats 24 h after stroke. Hemotoxylin-eosin stained coronal sections scanned at 20x objective. The animal with the MCAo + AChAo (right column) had prominent subcortical and cortical infarction (pyknotic, dark, shrunken nuclei: expanded regions-of-interest); the animal with MCAo alone (left column) had subcortical infarction, but no infarction within similar cortical locations. doi:10.1371/journal.pone.0075779.q002











# C.

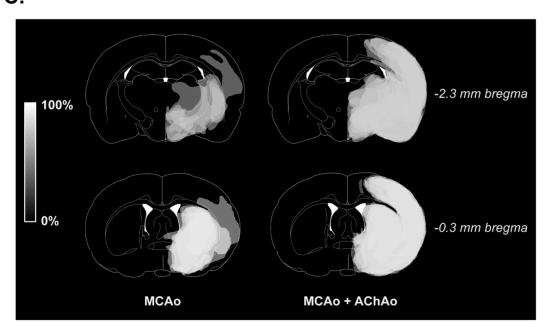


Figure 3. Effect of concurrent anterior choroidal artery occlusion on infarct volume after temporary or permanent MCA occlusion. Outbred Wistar rats underwent 1 h (n = 8), 2 h (n = 7) or permanent MCAo (n = 13) of the right middle cerebral artery (MCAo) using a silicone-tipped intraluminal filament. A. Infarct volume was quantified with histology at 24 h. Presence of anterior choroidal artery occlusion (AChAo) was determined by cerebral blood volume (CBV) map analysis. B. Cortical and sub-cortical infarct volume distribution in pMCAo animals (mean + sd). C. The traced infarct (seen in grey) from animals in the pMCAo group were overlaid so that lighter regions represent areas more commonly infarcted. doi:10.1371/journal.pone.0075779.g003

length and diameter (3 mm×0.35 mm, respectively). Previous studies have shown that occluder tips with larger diameters produce larger infarct volumes [8,15,16]. Variability of infarct volumes with different tip lengths has also been investigated [3]. Combined MCAo and AChAo was reported to occur with occluder tip lengths >3.3 mm, but not with shorter tip lengths [3]. However, studies have also shown that the distance between the AChA and MCA is variable within and across rat strains [3,17]. Another important variable may be the final positioning of the occluding thread. Ma et al (2006) demonstrated that the final position of silicone-tipped occluders (with constant tip lengths), varied within and between six different rat strains, [18].

An important question arising from this research is why AChA occlusion is such an important determinant of infarct volume? Infarction within the arterial territory of the AChA itself does not appear to be a sufficient explanation for this phenomenon. In the rat and human, the anterior choroidal artery typically supplies a small proportion of the sub-cortex and choroid plexus [1,2]. Although sub-cortical infarction was significantly greater with occlusion of the MCA and AChA, this does not explain why cortical infarction was also significantly larger than MCA occlusion alone. The likely explanation is that occlusion of the AChA prevents collateral flow to the MCA territory via the known MCA-AChA collateral anastomotic vessels [1].

#### References

- 1. Coyle P (1975) Arterial patterns of the rat rhinence phalon and related structures. Exp Neurol 49: 671–690.
- Ghika JA, Bogousslavsky J, Regli F (1990) Deep perforators from the carotid system. Template of the vascular territories. Arch Neurol 47: 1097–1100.
- Guan Y, Wang Y, Yuan F, Lu H, Ren Y, et al. (2012) Effect of suture properties on stability of middle cerebral artery occlusion evaluated by synchrotron radiation angiography. Stroke 43: 888–891.
- Longa EZ, Weinstein PR, Carlson S, Cummins R (1989) Reversible middle cerebral artery occlusion without craniectomy in rats. Stroke 20: 84–91.
- Coyle P, Odenheimer DJ, Sing CF (1984) Cerebral infarction after middle cerebral artery occlusion in progenies of spontaneously stroke-prone and normal rats. Stroke 15: 711–716.
- Letourneur A, Roussel S, Toutain J, Bernaudin M, Touzani O (2010) Impact of genetic and renovascular chronic arterial hypertension on the acute spatiotemporal evolution of the ischemic penumbra: a sequential study with MRI in the rat. J Cereb Blood Flow Metab 31: 504–513.
- Riva M, Pappada GB, Papadakis M, Cuccione E, Carone D, et al. (2012) Hemodynamic monitoring of intracranial collateral flow predicts tissue and functional outcome in experimental ischemic stroke. Experimental neurology 233: 815–820.
- Shimamura N, Matchett G, Tsubokawa T, Ohkuma H, Zhang J (2006) Comparison of silicon-coated nylon suture to plain nylon suture in the rat middle cerebral artery occlusion model. J Neurosci Methods 156: 161–165.
- McLeod DD, Parsons MW, Levi CR, Beautement S, Buxton D, et al. (2011) Establishing a rodent stroke perfusion computed tomography model. Int J Stroke 6: 284–289.
- McLeod DD, Parsons MW, Hood R, Hiles B, Allen J, et al. (2013) Perfusion computed tomography thresholds defining ischaemic penumbra and infarct core: studies in a rat stroke model. Int J Stroke In press.

In summary, the intermittent occurrence of inadvertent AChA occlusion during filament occlusion of the MCA may be a major contributor to infarct volume variability. Techniques such as CTP can be used to determine the presence or absence of AChA occlusion. We hope that this finding helps to alert researchers to this important predictor of infarct volume and hence potential cause of model variability. This may enable other laboratories to tailor their model to reduce outcome variability, improve statistical power and reduce sample sizes in preclinical stroke research.

# **Acknowledgments**

We would like to thank Qing Yang for the design of the MIStar imaging software (Apollo Medical Imaging Technology, Melbourne, Australia); the Faculty of Health Stores Workshop of the University of Newcastle for manufacture of CT compatible anesthetic equipment; Debbie Pepperall, Sunyoung Chung and Dr. Sarah McCann for histopathology; and Marc Heaton and David Buxton for radiography.

#### **Author Contributions**

Conceived and designed the experiments: DDM MWP CRL MBC NJS. Performed the experiments: DDM DJB MWP CRL NJS. Analyzed the data: DDM DJB NJS. Contributed reagents/materials/analysis tools: DDM DJB MWP CRL MBC NJS. Wrote the paper: DDM DJB MWP CRL MBC NJS.

- Spratt NJ, Fernandez J, Chen M, Rewell S, Cox S, et al. (2006) Modification of the method of thread manufacture improves stroke induction rate and reduces mortality after thread-occlusion of the middle cerebral artery in young or aged rats. J Neurosci Methods 155: 285–290.
- Paxinos G, Watson C (1997) The Rat Brain in Stereotaxic Coorinates: Academic Press.
- Oliff HS, Weber E, Eilon G, Marek P (1995) The role of strain/vendor differences on the outcome of focal ischemia induced by intraluminal middle cerebral artery occlusion in the rat. Brain Res 675: 20–26.
- Rewell SS, Fernandez JA, Cox SF, Spratt NJ, Hogan L, et al. (2010) Inducing stroke in aged, hypertensive, diabetic rats. J Cereb Blood Flow Metab 30: 729– 733
- Abraham H, Somogyvari-Vigh A, Maderdrut JL, Vigh S, Arimura A (2002)
  Filament size influences temperature changes and brain damage following middle cerebral artery occlusion in rats. Exp Brain Res 142: 131–138.
- Takano K, Tatlisumak T, Bergmann AG, Gibson DG 3rd, Fisher M (1997) Reproducibility and reliability of middle cerebral artery occlusion using a silicone-coated suture (Koizumi) in rats. J Neurol Sci 153: 8–11.
- He Z, Yang SH, Naritomi H, Yamawaki T, Liu Q, et al. (2000) Definition of the anterior choroidal artery territory in rats using intraluminal occluding technique. I Neurol Sci 182: 16–28.
- Ma J, Zhao L, Nowak TS Jr. (2006) Selective, reversible occlusion of the middle cerebral artery in rats by an intraluminal approach. Optimized filament design and methodology. J Neurosci Methods 156: 76–83.
- Wintermark M, Flanders AE, Velthuis B, Meuli R, van Leeuwen M, et al. (2006) Perfusion-CT Assessment of Infarct Core and Penumbra: Receiver Operating Characteristic Curve Analysis in 130 Patients Suspected of Acute Hemispheric Stroke. Stroke 37: 979–985.